

SHARE THE ADVENTURE





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THE KENDAL LINE UP 2020





Howard Dracup



Alice Dearing



Xavier De Le Rue



Carla Molinaro



Ray Mears



Sophy Roberts



Pip Stewart



Bonnie Tsui



Geoff Cox



Casey Brown



Simon Bainbridge



Rhiane Fatinikun Jesse Dufton



Vorri Androus



Ed Douglas



Jaimie Monahan



James Knox



Peter Goulding



Fi & James Corfe



Beth Pascall



Hetty Key



Kim Collison



Will Birkett



Imogen Hermes Gowar



Dara McAnulty



Lucy Rose



Jess Fawcett



Jack Harries



Sharon Blackie



Zak Burgess



Rosie Watson



Rafael Saladini



Sabrina Verjee



Tom Randall



Olivier Testa



Katie Burrell



Jini Reddy



Stephen Fabes

Dasom Yang

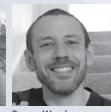


Nick Hayes

Ann Daniels



Ella Foote



Rowan Wood



Stefan Siegrist

Hannah

Rhodes-Patterson



Levison Wood



Matt Pycroft



Aimee Nezhukumatathil



Waldo Etherington



Valerie Trouet

David Banning











Leo Houlding











Pema Monaghan



Jonny Brownlee

Steve Backshall



Ann Lingard

Gwynn Stokes

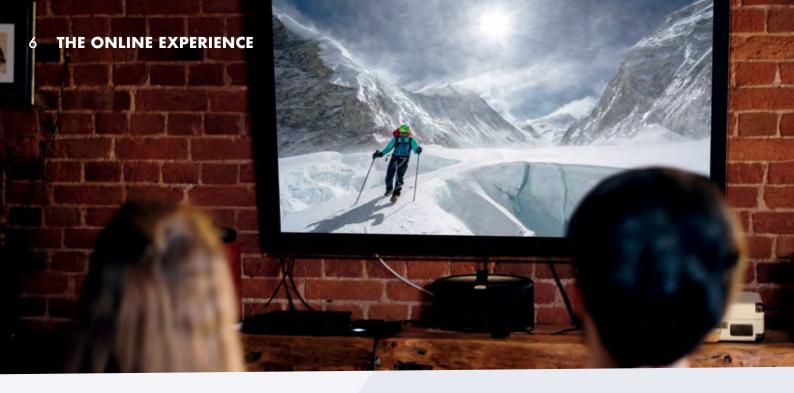


Felix Rodriguez



Rachel Sarah

These are just some of the speakers at Kendal this year! Find out where to see these athletes, authors, filmmakers, artists, photographers, poets and everyone in between over the next few pages...



HOW TO ENJOY OUR ONLINE FESTIVAL...

The content of our Festival has always been key whether it's our amazing films, literature talks or one-of-a-kind speaker sessions. This year is no different, except, we're bringing all this incredible content to you - at home, or wherever you have internet access!

CREATE YOUR ACCOUNT

Our new online platform works just like many of your favourite streaming services. Everything is accessed through our website <u>kendalmountainfestival.com</u> by logging into your account, which you will be asked to create when you make your first purchase, no apps, no codes, no links, just your email and password.

HOW TO BUY

There are two ways to purchase content at the Festival; one, you can purchase a 'Pass' which will unlock all the content included in that specific pass, for you to watch and re-watch to your heart's content. The other is to pay-as-you-go, purchasing individual 'tickets' to access the events and films you want, when you want. Individual purchases can also be re-watched as many times as you like.

WHAT'S AVAILABLE AND WHEN?

There are also two kinds of content available on our platform;

- **'On-demand'** means content that is available to watch 24/7 as many times as you want, from the 19th November to the 31st December.
- **'Live Shows'** are scheduled shows that will be broadcast live at a specific date and time for you to tune in and watch in real time the action unfold. Don't panic! If you miss a 'Live Show' they will all be available for catch-up as On-demand content the day after they have aired.

WHERE TO WATCH

When you have your pass, popcorn and drink of choice ready, there is just one thing left to do - you can access everything at <u>kendalmountainfestival.com</u> on any computer, tablet or mobile device. Just login to your account and start watching your favourite films, events or authors.

If you want to get it on the big screen, we have made our viewing platform compatible with both Google Chromecast and Apple Airplay so you can stream our content straight to many compatible smart TVs. Also If your smart TV or games console has a web browser you can also access our platform direct at kendalmountainfestival.com. Finally, if your TV isn't as clever as some you can go old school and connect your laptop to the big screen via a HDMI cable!

We've tried to make it as easy as possible to access our content in this strange new world but we understand you'll have questions. To try and help you we have created an FAQ's page on our website that we're continuously updating. If all else fails we're always here to help where we can contactable through our website contact page.

JOIN THE PARTY!

Here are just a few of the ways in which you can get involved with Kendal Mountain Festival this year! Find full details on our website.



#NURTUREWELL

Take time out - join us to pause, reflect and stretch. Sign up to our free sessions, live-streamed daily. Presented by BAM Bamboo Clothing.



GLOBAL LITTER PICK

Along the waterways, on the fells and on the street, help us to make a difference worldwide.
Saturday 28 November.



TIKTOK

For our younger audience, we're excited to see what "being outdoors" means to you. Get filming and be award for your effort!



VIRTUAL 10KM

Grab your trainers! The adidas Terrex Kendal 10km run is back, and this year we're going virtual.

21 - 22 November.

FESTIVAL CHECKLIST

There are some things you simply can't attend Kendal without. Make sure you're fully kitted out for an epic time in front of the TV.





BEER



DOWN JACKET





BEANIE

PLAN YOUR FESTIVAL!



All our Film Programmes including stand alone films will be available On-demand from this point and right through, 24/7 until midnight - 31st December 2020.

Our Speakers, Specialist Sessions and Literature Events are scheduled to go out at specific times from the 19th through to the 29th November. The planner below will show you when these events are going 'live. All these events will, within 24 hours be available on-demand right up to the 31st December - to be watched as many times as you want to!

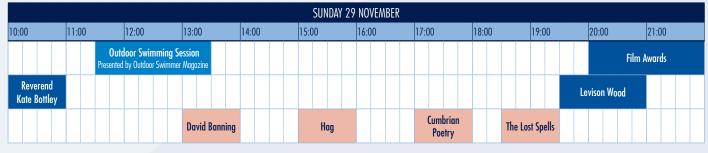












MEET THE **FESTIVAL TEAM!**

Find out the top recommendations from the Festival team of events, films, and speakers not to be missed!



JACQUI SCOTT CEO

I am delighted that our digital Festival will allow our Family Adventure Films to reach new audiences. These films take us on journeys of discovery and allow us to dream of new adventures while making us aware of the beautiful world that we share. More than ever we want to feel connection with each other and our planet.



ANNA BLAKELEY Tour Manager

I'm really looking forward to 'Hag — Forgotten Folk Tales'. I can't wait to listen to these tales, retold by four of the best female writers around. I'm also looking forward to a Sunday morning listening to Reverend Kate Bottley, followed by the brilliant Outdoor Swimming Session.



STEVE SCOTT Festival Director

I'm excited to co-present Snow Night with the amazing Lauren MacCallum. snowboarder, biker and Scotland's answer to Greta Thunberg! Amongst other things we'll be interviewing snowboarding legend Xavier De Le Rue. The line-up for Bike Night is equally impressive with a stacked programme of new films, world champions and superstars!



HANNAH FOSTER Marketing Assistant

I am super excited that this year we have a NEW Film curation... its called: Ride. It covers all things groovy like; surfing, skating and snowboarding! I'm also looking forward to doing our Nurture Well mindful sessions every day through our Instagram live, at 7 am... See you there!



CLIVE ALLEN Festival Director

The fact that we're celebrating the Festival's 40th anniversary is amazing, and our move online has actually helped us to develop some fantastic events to celebrate that. In particular, it's been the most outstanding year for ultra-running records and I'm really looking forward to hearing tales from some of the athletes involved.



ANDREW RICHARDSON

In-House Production

There is so much to look forward to this year, however, top of my list is the ever popular Bike Night. Action packed stories from all across the world of Bike, which are sure to provide plenty of inspiration to get out into wild this winter!



CLAIRE CARTER Artistic Director

I'm excited about Comedian Katie Burrell's new film at Snow Night; 'Coach', and some of our beautiful films; 'Songs of the Water Spirit', 'Wall of Shadows' and our new curations Human Spirit, Nurture Nature and Uprising which are all joyous stories of nature, compassion and courage.



HENRY IDDON Arts and Culture Officer

I've been following the progress of Ed Caesar's book 'The Moth and the Mountain' from when he first started researching it so am really looking forward to that, along with Ed Douglas's 'Himalaya' which is a remarkable book about human presence in that area. Plus, as a keen cyclist the Rapha Road Bike Session looks like a fantastic celebration of cycling.



PAUL SCULLY

Literature Festival Director

I am really excited with the Literature line up, from finding magic in the landscape to hearing forgotten folktales, from Cumbrian valleys to Icelandic glaciers, I am looking forward to welcoming everyone in this wonderful community of words, wanderings and wonder.



ZOE WILKINSON

Hospitality Manager/Production

How can one possibly choose what they are most excited about when there is so much inspiring content! I am super excited about The YETI stage which offers a variety of free talks where stories are told and personal journeys shared, creating a feel-good factor which this year is as important as ever.



ADAM SIMPSON

Business Development Manager

I can't wait to see the Rock Session this year, the stories of urban bridge climbing madness in Edinburgh promise to provide some laughs. Also hearing Tom Randall and Will Birkett talk about their contest for the fastest Classic Rock Round should be entertaining to say the least.



ANNA BAILEY Marketing Manager

What's better on a chilly November night than watching inspiring films? The film collection I'm most excited for this year is Uprising – showcasing change. I'll be looking forward to listening to author Bonnie Tsui's thoughts on 'Why We Swim', and also from another swimmer across the pond – Jaimie Monahan in the Outdoor Swimming Session.



EMILY DAVIS *Production Manager*

Alongside the incredible Film Programme we have available, I'm really looking forward to my first time presenting the Women in Adventure session alongside Rhiane Fatinikun, founder of Black Girl Hikes. We cannot wait to welcome to the stage numerous creative funny and innovative filmmakers, runners, climbers, photographers, swimmers who all love adventure.



JENNY RICE Design Manager

We have so many running related talks and films this year — the Mountain Running Session line-up is amazing, then there's 'Totally FKT' with John Kelly and Damian Hall, a LeJog special with Carla Molinaro and Dan Lawson, plus incredible films, 'Runner' (you will cry), 'The Infinite Race' (featuring the Tarahumara runners Of Mexico, 10 years after the publication of Born To Run), 'Running The Roof' (simply brilliant!), and of course, the Run film collection.

SPEAKER EVENTS

We are delighted this year to bring you a huge range of speakers discussing all areas of adventure, sport, environment and discovery. All are priced at £10.75 for individual events, or are included in the full Festival pass.

Once the events have gone out 'live' at the stated date and time on our platform, they will then be available within 24 hours to watch on-demand until the 31 December.



ADIDAS TERREX PRESENTS NEW VOICES: AN EXPLORATION OF DIVERSITY AND INCLUSION IN OUTDOOR

19.30 - 21.30 THURSDAY 19 NOVEMBER

We are pleased to welcome this discussion about ethnic diversity in the outdoors at Kendal Mountain Festival. Filmed in Adidas' store in east London; one of the most diverse locations in the country, if not the world. Our panel of outdoor enthusiasts will be talking about the experiences of black and brown folk in outdoor pursuits and adventure sport, about the barriers that have historically limited participation, what's being done to make access easier, and perhaps most importantly - what we still need to do to make it easier for people of all colour - to discover and enjoy the outdoors.

Chaired by Keme Nzerem. The panel features; Carmen McIlveen, a climbing instructor and founder of Project One, a group dedicated to the inclusion, increase and support of Black And Minority Ethnic people within UK climbing; graphic designer Jaimus Tailor; Phil Young, activist, writer / broadcaster founder of the Outsiders Project which looks to address the disparities that exist between minority communities and outdoors culture; the Chief Executive of Lake District National Parks Authority, Richard Leafe; and Chief Executive of GB Snowsport, Vicky Gosling.





365 DAYS A YEAR

#SPEEDUP

10 EVENTS SPEAKER EVENTS



RAB PRESENTS OVER THE EDGE

18.00 - 19.00 FRIDAY 20 NOVEMBER

To celebrate five years of Women's Trad Festival, Rab commissioned the film 'Over the Edge' to tell the story of the women behind the sell-out festival.

The film follows festival organisers Ellie Fuller, Charlie Low, Gilly Macarthur and Hetty Key, with conversations about confidence, community and connections made through climbing.



FJÄLLRÄVEN PRESENTS RAY MEARS

19.30 - 21.00 FRIDAY 20 NOVEMBER

Over the past 25 years the name Ray Mears has become recognised throughout the world as an authority on the subject of nature, bushcraft and survival.

In this fascinating, inspirational, and educational appearance, Ray will be explaining techniques that will help us improve our senses and highlight the problems nature faces today. As Ray says, "We need the wilderness as much as the wilderness needs us. We have learnt to value our green spaces more than ever; it's time to cease being frustrated and act now to prevent crimes against nature and the environment."

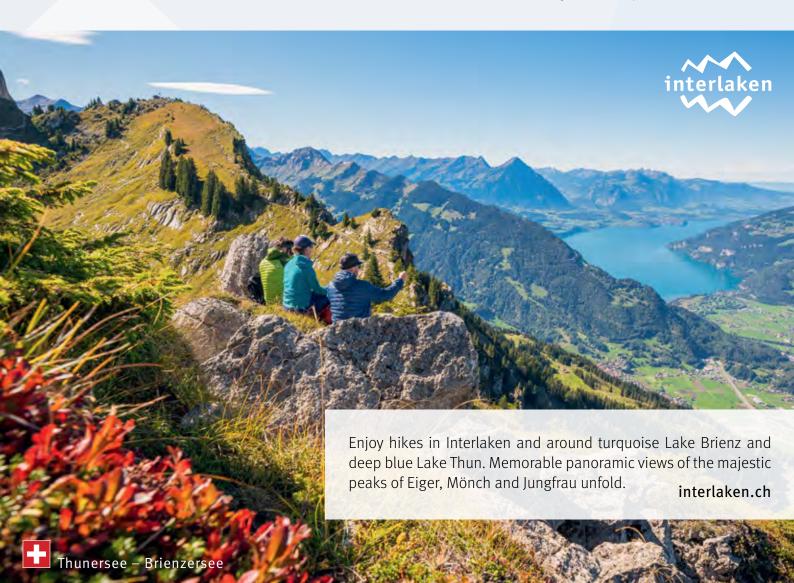


BERGHAUS PRESENTS RORAIMA

19.30 - 21.00 SATURDAY 21 NOVEMBER

In 2019, Leo Houlding headed deep into the Amazon jungle. The objective: to climb a new route on the overhanging prow of Mount Roraima, a 2,810m high tepui that sits on the border between Brazil, Venezuela and Guyana. Leo was joined by Anna Taylor on her first big wall expedition, plus Waldo Etherington, Wilson Cutbirth, Dan Howard, Matt Pycroft and two local guides. The climbing proved extremely challenging, with lead climbers Leo, Anna and Wilson each putting in huge shifts to forge a free route. Time started to run out, and the weather deteriorated. Doubt began to form in the climbers' minds...

Leo, Anna, Waldo and Matt Pycroft recount their experience, accompanied by jaw-dropping film and images of the attempt.





FILM PREMIERE TOTALLY FKT: THE PENNINE WAY FASTEST KNOWN TIME

16.30 - 18.00 SUNDAY 22 NOVEMBER

On 16 July, ultra-runner John Kelly broke a 31-year-old record by traversing the Pennine Way in two days, 16 hours and 46 minutes. He beat the record held by Mike Hartley since 1989 by just 34 minutes, battling illness and fatigue as he traversed the 261 miles from Edale in Derbyshire to Kirk Yetholm in the Scottish Borders. Six days later, Damian Hall set out from Kirk Yetholm in the opposite direction, set on beating Kelly's time. 61 hours and 34 minutes later he arrived in Edale, having set a new record, quicker by 3 hours.

Filmmakers Ellie and Matt, plus John and Damian, join us for this exciting world premiere. Find out what happened behind the camera, and whether John and Damian are still best buddies...



ALDO KANE & JASON FOX

19.30 - 21.00 SUNDAY 22 NOVEMBER

If you are ever lost in the wilderness, two people who you would select to be by your side would be Aldo Kane & Jason Fox. Both experts in remote and hostile adventures and former military specialists, they join Festival director and presenter Steve Scott on-stage to discuss exploration, pushing boundaries, (lockdown) adventures on your doorstep and the benefits of outdoor spaces for mental wellbeing.



STEVE BACKSHALL

19.30 - 20.30 MONDAY 23 NOVEMBER

Steve Backshall is one of the most beloved adventurers and naturalists on the planet. Steve's great passion is discovery investigating new places and new species. Fresh back from his latest exploration, Steve will be chatting about his love of nature and exploration and how we all need to work together to nurture and protect earth's precious wilderness places and their inhabitants.







CLASSIC ROCK ROUND

of ascent.

running.

happened next...

19.30 - 21.00 TUESDAY 24 NOVEMBER

The Lake District section of Classic Rock

Will Birkett and Tom Randall spent a mad

Classic Rock is the definitive book representing

the best lower-grade rock climbs across Britain.

contains 15 routes, involving 70 pitches up to

VS (Very Severe) in standard, totalling 4,300m

summer chasing each other around the Lakes,

Rock Round; linking each route by soloing and

reveal the story behind their rivalry and what

smashing record after record for the Classic

In this entertaining session, hosted by UKClimbing's Rob Greenwood, Will and Tom

WILL BIRKETT & TOM RANDALL

KISS THE GROUND FILMMAKER Q&A

20.00 - 21.00 WEDNESDAY 25 NOVEMBER

A conversation with directors Josh Ticknell and Rebecca Ticknell, hosted by our 2020 Festival trailer creator and award-winning filmmaker, Dom Bush of Land & Sky Media. The feature documentary (see more on p59) reveals that, by regenerating the world's soils, we can completely and rapidly stabilize Earth's climate, restore lost ecosystems and create abundant food supplies.

This is the first live engagement event held by the 'Kiss The Ground' team for Europe, and we are so thrilled to be sharing this story, and perhaps solution, to stabilising climate crisis with you. We will be taking questions; join in!

This is a free event – join us live at 8pm on our Kendal Mountain Festival Instagram, Facebook or Youtube channels.



VOLVO PRESENTS THE BROWNLEE BROTHERS 19.30 - 20.30 THURSDAY 26 NOVEMBER

Join us for a chat with Alistair and Jonny

Brownlee, who after years of competing at the pinnacle of their sport, epitomise the drive, dedication, commitment and attitude required to excel in elite triathlon. With our Festival theme of Nurture at the forefront, we will chat to them about their thoughts of nurturing the up and coming young athletes, and the need to nurture yourself as an athlete to train with compassion and to protect yourself as you go through your professional career. And of course ask the 'question'...what is

next for them both?



ROSIE WATSONNEW STORY RUN

18.30 - 19.30 FRIDAY 27 NOVEMBER

Rosie set off from her home in the Lake District to run to Mongolia in August 2019, searching for stories of new ways of living, working and meeting our needs in a time of climate crisis. Rosie planned an extraordinary journey, crossing as many mountain ranges and areas of wilderness, remoteness and natural beauty as possible, raising awareness of the climate crisis, and meeting people along the way who are dedicated to tackling environmental and sustainability issues.

Currently back in the UK due to travel restrictions and injury, means that Rosie is able to join us to talk about her journey so far...







FILM PREMIERE CARLA MOLINARO & DAN LAWSON LEJOG 20.00 - 21.00 FRIDAY 27 NOVEMBER

This year has seen long distance records tumble, and the iconic Lands End to John O'Groats record was no different. This summer two runners, Carla Molinaro and Dan Lawson, took on the epic route with the aim of beating the longstanding men's and women's records.

We're delighted to be able to share the world premiere of Dave Macfarlane's new film about Dan's feat, and Carla will also be with us to share her LEJOG story.

SAL MONTGOMERY

15.00 - 16.00 SATURDAY 28 NOVEMBER

When you meet Sal Montgomery, you may not expect that behind that small stature is a whitewater kayaker pushing the limits of extreme sport and adventure. Renowned for taking on big waterfalls, serious rapids and first descents in committing gorges, Sal's led expeditions all over the world. Sal has starred in the popular BBC and UKTV documentary series 'Expedition' with naturalist, Steve Backshall. Steve says, "Sal is the pocket rocket expedition kayaker who saved my life in the Himalayas, and one of the most special adventure athletes I know. She's a professional kayaker, a big drop waterfall specialist, and a thoroughly inspirational human being!"









TIMBER FESTIVAL PRESENTS WILDERNESS TRACKS WITH CAL MAJOR

17.00 - 18.00 SATURDAY 28 NOVEMBER

What are the pieces of music that you associate with nature? Perhaps it's a song you like to listen to while out walking, or something that evokes the natural world for you when you are stuck in a city. In a special recording of the 'Wilderness Tracks' podcast, surfer, scuba diver, vet and activist Cal Major tells Geoff Bird about the music that connects her most closely with the world around her and most particularly the ocean.

FJÄLLRÄVEN PRESENTS SIMON REEVE

17.00 - 18.00 SATURDAY 28 NOVEMBER

Simon is one of TV's most recognizable and popular travel presenters; his journeys have opened our eyes to places that most of us would never even dream of visiting. This is a man who, while others run from danger, heads happily towards it. His mission, and talent, is to shine a light on some of the most notoriously shadowy parts of the world through his open and engaging style, and make the case that travel can be a force for good.

Simon will join us to recount his most recent adventures, and how lockdown has affected his outlook. Interviewing Simon will be Keme Nzerem, presenter and journalist for Channel 4 and ITV News, who also happens to be the chair of our esteemed Film Jury.



REVEREND KATE BOTTLEY SUNDAY SERVICE

10.00 - 11.00 SUNDAY 29 NOVEMBER

Reverend Kate Bottley considers the joys of wild swimming, and its connections to spirituality, community and body image.

Originally from Sheffield, the Reverend Kate Bottley is a priest in North Nottinghamshire. She is passionate about bringing stories of faith and belief to the widest audience possible, and currently presents Good Morning Sunday on BBC Radio 2 alongside Jason Mohammed. Kate adores outdoor swimming, not only for its benefits to her physically, but also to her mental health. Last year she completed 365 outdoor swims in a single year.







SOPHIE HELLYER

18.00 - 19.00 SUNDAY 29 NOVEMBER

As a teen Sophie Hellyer became a champion surfer for Roxy at a national level. Fast forward to now, she has become an environmentalist, yoga teacher, cold water swimmer, brand ambassador and she has also founded the 'Rise Fierce' movement. A movement that encourages women to 'jump in and rise up' through the cold water swimming and surfing community.

Join Sophie Hellyer in conversation with our Artistic Director, Claire Carter, as they discuss her career from pro surfer to a freelance creative producer. We delve into feminism in the surf industry, explore her stance on sustainability and her advocacy for plastic free periods, what it means to be an 'authentic' public figure and finally how 'Rise Fierce' is motivating others to relish and nurture our beautiful spaces of water.

Come join us for candid conversation and a few giggles along the way.

LEVISON WOOD THE IMPORTANCE OF ELEPHANTS 19.30 - 21.00 SUNDAY 29 NOVEMBER

Join Festival director, Steve Scott in conversation with Levison Wood where he discusses the issues surrounding modern conservation, habitat loss and the protection of wilderness areas in the fight to

save Africa's most iconic species. Attracted to foreign climes and adventure since a young age, Lev has traveled and worked in over 100 countries worldwide. He has led pioneering journeys into undiscovered regions, including the first ever successful walk across Madagascar, coast to coast; scientific research in Burundi, mountain climbing in Iraq, and a horse riding expedition retracing the steps of the explorers of the Great Game in search of the river Oxus. In 2011 he was made a Fellow of the Royal Geographical Society.

Lev's recent 650 mile expedition, following the migration of the African Elephant across Botswana, featured in his 3 x 60' Channel 4 series 'Walking With Elephants' and also in his new book 'The Last Giants: The rise and fall of the African Elephant', which were both released this year. On a journey fraught with dangers and risks, Lev worked with local trackers and anti-poaching units, gaining unprecedented access and insight into these magnificent animals.



Sean Conway,

Ambassador



For everyone's safety

FIND OUT MORE AT VOLVOCARS.CO.UK



Fuel consumption and CO_2 figures for the Volvo XC60 range, in MPG (1/100km); WLTP Combined 29.4 - 113.0 (9.6 - 2.5); WLTP CO_2 emissions 218 - 55 g/km. WLTP electric energy consumption 3.5 - 4.1 miles/kWh. Equivalent all electric range 28.0 - 32.3 miles. Figures shown are for comparability purposes; only compare fuel consumption, CO_2 and equivalent electric range figures with other cars tested to the same technical procedures.

These figures were obtained using a combination of battery power and fuel. The Volvo plug-in hybrid vehicles require main electricity for charging. These figures may not reflect real life driving results, which will depend upon a number of factors including the accessories fitted (post-registration), variations in weather, driving styles and vehicle load.



SPECIALIST SESSIONS

Over these pages you will find all our famous specialist sessions. All are priced at £10.75 for individual events, or are included in the full Festival pass. Once they have gone out 'live' at the stated date and time on our platform, they will then be available within 24 hours for you to watch on-demand until 31 December.

OUR SPECIALIST SESSIONS ARE PROUDLY SUPPORTED BY











MERRELL MOUNTAIN RUNNING SESSION

20.00 - 22.00 THURSDAY 19 NOVEMBER

In the world of mountain running, 2020 has been an extraordinary year. Records have tumbled, with new FKTs (Fastest Known Times) being established across some of the toughest and most gruelling challenges. Join us for a fantastic evening, bringing you some of the personalities involved. Sabrina Verjee will talk about her Wainwrights record attempt, plus her women's FKT on the Pennine Way. Kim Collison and Carol Morgan extended the overall and women's Lakeland 24-hour records, while Beth Pascall ran the fastest Bob Graham Round. Then, out of nowhere, George Foster recently ran the second-fastest BGR ever. Plus Rowan Wood joins us to describe what it's like to run up and down his stairs 3,782 times, the equivalent of climbing Everest, for charity durina lockdown.

All live on stage to recount their experiences, interviewed by TV presenter and ultra runner Lowri Morgan.



Collison on Pike O'Blisco with Rob Jebb



TREK BIKE NIGHT SUPPORTED BY ADIDAS FIVE TEN

20.00 - 22.00 FRIDAY 20 NOVEMBER

The legendary Bike Night returns for a packed two hours online this year, featuring top names and filmmakers from the world of MTB, presented by Monet Adams and Dom Ferris.

Fresh from his incredible victory at the World Championships in Leogang, Reece Wilson joins us to share insights into his winning run and what the future holds for this superb downhill talent from Scotland. Joining Reece will be fellow downhill prodigy and Trek Factory Racing teammate Kade Edwards.

We're equally excited to announce that joining us live from Canada will be the incredible Casey Brown. Casey absolutely rips on a bike, and the world always stops to watch! A stalwart of the Crankworx scene, Casey is frequently winning these events. Her escapes in video are well known, bringing an effortless style that is addictive to watch. Finally, a stalwart of the DH world cup scene and memorable RedBull Rampage rider, Brendan Fairclough, a rider's rider in so many ways, will reveal how on earth he's still at the top of the game in his 30s! All this plus surprise new films and gear to win on the night. Bike Night is well and truly back!



Don't miss The North Face & Ellis Brigham Snow Night Headlined by The North Face athlete Xavier de la Rue 8pm Saturday 21st November



RAPHA ROAD BIKE SESSION

16.00 - 18.00 SATURDAY 21 NOVEMBER

The Rapha Road Bike Session brings inspiring tales from across the two wheeled world, celebrating the different ways people ride and embracing the people who do. Blogger, author and cycling advocate Lady Velo (aka Jools Walker) will host the event alongside local Kendal cyclist Ben

Originally from Cumbria, Deceuninck – Quick-Step team rider James Knox will be guizzed by juniors from his former fell running club, and also from Kendal Cycling Club. In a year of incredible 'Everesting' efforts, we hear about Hannah Rhodes-Patterson and Zak Burgess' experiences. Member of the InternationElles Jess Fawcett discusses equality in cycling. Hear lockdown stories from Kendal Cycle Club members, and see a selection of amazing films from cyclists aged between 14 years old and 85 years young – if you don't feel like getting on your bike after this session, we don't know what will!



THE NORTH FACE & ELLIS BRIGHAM SNOW NIGHT 20.00 - 22.00 SATURDAY 21 NOVEMBER

Hosted by Festival director Steve Scott and POW UK manager and BBC Scotland's Adventure Show presenter – Lauren MacCallum. Snow Night returns this year with two hours of the best snowsports films and chat. We're delighted that this year's special guest joining us live online is snowboarding legend, 4 x World Boardercross Champion and 3 x Freeride World Tour Champion Xavier De Le Rue. This man is without doubt the world's most respected pioneering big mountain free-rider. Expect in-depth chat about the state of the sport now and some big mountain safety tips from Xavier.

We also feature the UK Première of 'The Coach', a dark humoured fly-onthe-wall documentary of a Free Ride World Tour athlete (Hedwig Wessel) and her coach (Lorraine Huber) by the inimitable Katie Burrell and director, Colleen Gentemann (previous award winners at Kendal). All this plus surprise guests and incredible films and gear to win on the night! Don't miss it!

BMC BREAKFAST CLUB

11.30 - 13.00 SUNDAY 22 NOVEMBER

The BMC session at Kendal has become renowned as an entertaining, unique and sometimes downright outrageous event. It's also a bit like Glastonbury...

OK not a lot, but it does usually sell out in seconds. Not this year! With Kendal going online, we can fit everyone into this fun-packed and potentially rather sweaty session.

plus films, appearances and the odd awkward moment.









BERGHAUS WOMEN IN ADVENTURE SESSION

20.00 - 22.00 SUNDAY 22 NOVEMBER

This session is a celebration of those who pursue their passions, live adventurously and forge their own paths; stories that are sure to inspire and motivate. A selection of talks and films from an exciting lineup of athletes and adventurers featuring climbers, cyclists, fell runners and filmmakers from around the world.

Hosts, Rhiane Fatinikun, founder of Black Girl Hikes, and Emily Davis, Kendal session curator, will be introducing round-the-world cyclist Vedangi Kulkarni, climber and photographer Nikki Smith, filmmakers Rachel Sarah and Frit Sarita Tam, 'everyday adventurer' Kumbi Kariwo, and Jessie Leong and Julie Carter will discuss 'I Am A Fellrunner' which will be screened live.

Join us alongside this brilliant lineup of women whose stories we can see in our own; their highs, lows, love of being outdoors, friendships they have formed, advocacy, finding their voice and appreciating the beauty of nature!





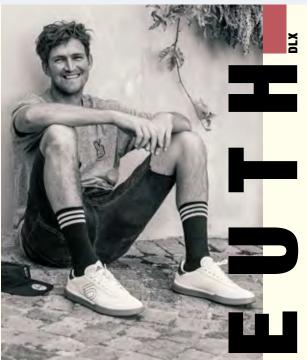
PATAGONIA ROCK SESSION

20.00 - 22.00 MONDAY 23 NOVEMBER

The last couple of years have been big on climbing news, from Emma Twyford hitting the headlines becoming the first British woman to climb 9a, to Pete Whittaker becoming an award-winning author, and Robbie Phillips falling in a canal.

Join presenter Niall Grimes live on stage to find out more from Emma, Pete and Robbie, and learn from Team GB paraclimber Abbie Robinson what it takes to compete at the highest level while visually impaired. Plus there'll be exclusive films and more; inspirational stuff!















STEALTH PERFORMANCE UNCOMPROMISED STYLE







OZONE FREE-FLIGHT SESSION

20.00 - 22.00 TUESDAY 24 NOVEMBER

The annual kick-off Festival event returns online this year so expect an awe-inspiring evening of aerial wonders where pilots push the boundaries of powerless flight.

Joining us online live and direct from Brazil is Paragliding World Cup winner and multiple world-record holder – Rafael Saladini. Rafa only recently broke the world declared goal distance record in his home country by flying 555km under his glider (that's an average of 55km/h for 11 hours thermal hopping). An added bonus is that we have an excerpt from his forthcoming film CICLOS 2 which captures his incredible skill of flying fast and long! Other special guests joining us include acro (stunt flying) legend Felix Rodriguez (with a new film project) and British Champion, photographer and all-round mountain specialist – Harry Bloxham. To top an incredible night off, after several years, we welcome back Festival favourite – SHAMS from France who will share his favourite birds-eye view images from his flying adventures during his recent roundthe-world trip before the pandemic kicked in.

YOUTH ENVIRONMENTAL ACTIVISM: THE RISE AND RELEVANCE OF SOCIAL MEDIA FOR ENVIRONMENTAL CAMPAIGNS WITH JACK HARRIES, ALICE AEDY & JEMIMA LONGCAKE

18.30 - 19.30 WEDNESDAY 25 NOVEMBER

Young people are, we're told, disconnected from nature, staring at screens when they should be out in the wild. But what wasn't predicted years ago is that it is these screens are now enabling young people to join forces to save the natural world. Social media has allowed a new generation to connect with those who share their interests and values and to mobilise faster than ever before as new technology races ahead. The inclusive, and vocal theme of technology is on the pulse of things at the moment. The power of language, diversity, global community, hope and intersectional activism all play their part in driving action and

In this session we encourage viewers to participate in advance, by sending in questions for the panel.





PETZL UNDERGROUND SESSION

20.00 - 22.00 WEDNESDAY 25 NOVEMBER

Caving is all about exploration. A typical caving trip might involve climbing, abseiling, crawling, swimming and walking... and caves can be dry or wet, clean or muddy, horizontal or vertical, with large waterfalls, streamways and lakes or dry, sandy passages and chambers. It's another world, which is why it's so exciting.

Steered by the ever-psyched Steph Dwyer from Yorkshire Dales Guides, Steph chairs a light-hearted panel discussion with Diane Arthurs, Holly Bradley, Fleur Loveridge and Adele Ward; cavers with different, albeit interconnected caving experiences, exploring how lives are just better when you're underground. Steph also catches up with Olivier Testa, globetrotting cave explorer and filmmaker, who will update us on his recent trips to Haiti and Mexico.

Plus we have a great new film lined up about an exciting breakthrough in New Zealand, including an interview with the film director.

LOWE ALPINE ADVENTURE SESSION

20.00 - 22.00 THURSDAY 26 NOVEMBER

The Adventure session stands for a celebration of those who embrace and love adventure. This year, the session will be hosted by former Wales international rugby union player turned adventurer, Rich Parks, who will introduce a cross-section of speakers, delighting our audience with tales of travel and their journey of how they got into the world of adventure. This year, the Our line up includes: Outdoor Instructor and youth worker, Rehna Yaseen, who went on her first hike aged 16 and in her own words "was not impressed" – Rehna now works for the organisation that took her on that first walk; quadriplegic sailor, Geoff Holt, has sailed solo around Great Britain and sailed unassisted across the Atlantic, he set up the Wetwheels foundation to provide barrier-free boating for all disabled people; plus, Ann Daniels – the Guinness world record-holding polar explorer and one of the first women in history to reach the North and South Poles as part of all women teams, she has led all three Catlin Arctic surveys and worked with NASA and the European Space Agency. These stories will inspire everyone to put on to on their hiking boots, pick up a rucksack and remember that #ItsGreatOutThere.





Ann Daniels

PALM & PYRANHA PADDLESPORTS SESSION 20.00 - 22.00 FRIDAY 27 NOVEMBER

Building on the success of 2019 and the growing popularity of paddling this year, the Paddlesports Session is proud to showcase a variety of speakers from all disciplines. Hear their stories about how they started out, found their way, found nurture within the sport and listen to tales of local adventures, expeditions around the world and river activism

Hosts Cal Major and Chris Brain introduce you to our exciting lineup including; Cumbrian locals Fi and James Corfe; whitewater adventurer Sal Montgomery who will be joined by Steve Backshall; and British Canoe introduce the ShePaddles ambassadors for 2020.

See what our 'roving reporter' Bren Orton has been up this summer and hear from river activists from Save Our Rivers, Balkan River Defence, Free Rivers Fund, Wildwasser erhalten Tirol and Save The Heart of Kendal.

SWISS TOURISM MINDFUL TRAVEL SESSION

16.30 - 18.30 SATURDAY 28 NOVEMBER

The Mindful Travel session is a new and exciting addition to the Kendal line up this year. Join hosts of 'The First Mile' podcast Ash Bhardwaj and Pip Stewart as they explore how mindful travel has grown to become an entire state of mind for every element involved within travel and adventure

What does it mean to have the confidence to slow down your travel? How can travel really be defined? What do we impact as we travel? Do we think of the local communities who's homes we are in whilst we are travelling? This session will feature speakers delighting us with their own stories of α journey close to their heart that defines mindful travel for them followed by conversations with Ash and Pip.







MAMMUT MOUNTAINEERING SESSION

20.00 - 22.00 SATURDAY 28 NOVEMBER

The Mountaineering Session aims to entertain, amaze and inspire with an exciting mix of people and films concentrating on that most testing of activities; full-on mountaineering.

Joining us will be Swiss alpinist Stefan Siegrist to talk about his recent first ascent of the NE Face of Cerro Cachet in northern Patagonia. We'll hear from Maddy Cope, one the UK's top climbers who only discovered climbing when a guy in a nightclub told her about an epic he'd had in the Alps; now she's ticking big alpine routes and climbing E9s.

Plus we'll turn our thoughts to a crisis that's all too evident in the Alps – the effect of climate change, and its impact on routes and climbers, with an exclusive new film from Katie Moore followed by a discussion.









OUTDOOR SWIMMING SESSION PRESENTED BY OUTDOOR SWIMMER MAGAZINE

11.30 - 13.30 SUNDAY 29 NOVEMBER

An exhilarating journey through rivers, lakes and the sea, as seen through the goggles of swimmers from around the world. Colin Hill hosts this session and shares his infectious enthusiasm for outdoor swimming. Our line up includes: One of Great Britain's top female marathon swimmers, Alice Dearing, who was hoping to qualify for Tokyo 2020 earlier this year. As the second ever black woman to swim for Great Britain on a senior international stage, she is big advocate for diversity in British elite swimming.

Hear 'Dip Advisor' Ella Foote and 'wildwelshswimmer' Laura Sanderson discuss water quality and access, and the World Record holding, ultramarathon and ice swimmer Jaimie Monahan, joins us from New York. Plus Jonathon Cowie interviews one of the swimmers taking part in the Gorée Project – a sports-based cultural exchange that prepares two African-American swimmers for a long distance swim alongside their Senegalese cousins – swimming 3.5 miles from the shore of Dakar to the island of Gorée.

MONTANE BUILD STRONG BONDS SESSION

17.00 - 18.00 SUNDAY 29 NOVEMBER

An exciting new session given over to the concept of building strong bonds; the comradeship of shared experience over miles and miles of effort and shared determination.

We'll hear from Howard Dracup, who recently completed the fastest known time for the Steve Parr Round in the Lakes, breaking a record that stood for over 30 years. There's Gwynn Stokes, who became only the 6th person to achieve a double Bob Graham Round, and has his sights set on becoming the first to do the triple. Plus TV presenter and adventurer Jordan Wylie, currently halfway through being first to standup-paddleboard around Great Britain. And last, but definitely not least, Jesse and Molly Dufton who shot to fame starring in Alastair Lee's film Climbing Blind which won Grand Prize at Kendal last year.



MONTANE FURTHER. FASTER.

MONTANE SECRET SESSIONS

We all love a secret. That's why we invented the 'Secret Sessions'; our one-of-a-kind, never to be repeated live events over the Festival week.

Hosted by the highly entertaining Lonsdale brothers, Liam and George; these exclusive, intimate, one-off, online conversations will throw you into a 'room' with up to 30 other people and a surprise guest... who knows what will happen then!

TICKETS £5

Please note: due to the spontaneous nature of this session it may not be suitable for children.



2019 Secret Session with Megan Hine and Tom Livingstone







Host George Lonsdale

Previous 'Secret Session' surprise guests have included: Sarah Outen, Liv Sansoz, Lindsey Cole, Al Lee, Tom Livingston, Megan Hine, Matt Helliker, Ben Stookesberry and Jenny Tough to name a few...

Get your tickets now, before they disappear. Available through the link on the Montane Secret Sessions 'tent' in the Festival map illustration on the website's homepage.

Please note: Secret Sessions are not included in the Full Festival Pass.





WELCOME TO THE KENDAL MOUNTAIN FESTIVAL

INTERNATIONAL FILM **COMPETITION 2020**

PRESENTED BY



SUPPORTED BY PERTEX®



We are delighted to present our Film Programme, the heart of the Festival - as an on-demand version for 2020. We are going to miss not having you all in our cinemas; the red velvet, the cocooning darkness, the in-unison ooohs and aahs. But...we have also realised that there are many positives with this year's digital Film Programme.

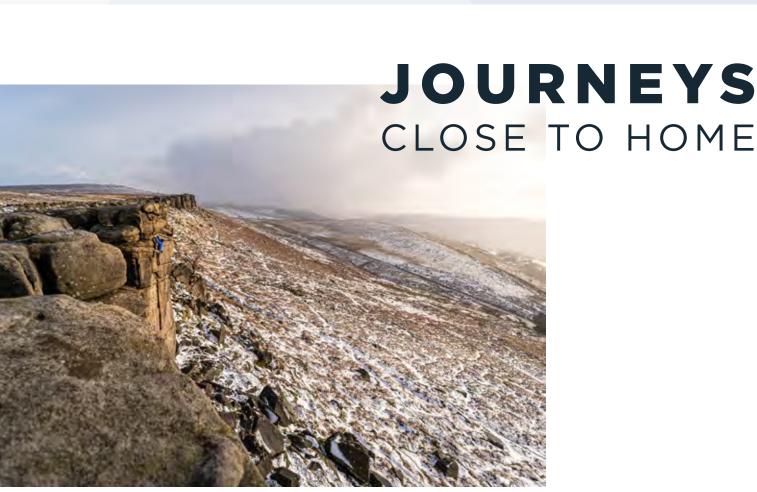
You can watch it when YOU want - anytime of day or night! This year, these beautiful films can be enjoyed at your and their, own pace, which our word they deserve.

We can platform more feature length films. There are only so many venues in Kendal, and only so many stand-alone stories we can select in a normal year. Which is such a shame right? Because cinema is all about disappearing into a story; knowing the filmmaker has the chance to layer up storylines, to linger on shots.

Cover image: Dive © Matthias Hoene / Miniac Films

If you love to get immersed, look out for previous Kendal award winner, Eliza Kubarska's modern mountain-masterpiece, 'The Wall of Shadows', the psyche-machine of a movie that is 'Running the Roof', and the ingenious rewilding 'conversation', 'The Cull'.

We've been able to choose films that are more 'adventurous' both in activity and in story; you don't have to pick between an 'epic-banger' and something 'off-thebeaten-track' as you might on a typical Friday night at Kendal. We're talking about the insane adrenaline rush of, 'The Next 8 Seconds', as we watch Neil Holmes just-about rodeo his way past death's door to become the first African American bull rider. And 'Ghiaccio - Sweeping Lives', the story of six asylum seekers, who find community, focus, and the ability to glide, if only briefly, as part of a curling team in the Italian hiking valley; Val Pellice.









We can share our International Festival Film Competition to audiences who might never normally be able to attend

Kendal. Last year we embraced 'Openness', and this year we are focusing on Nurture...Making adventure films accessible is part of our mission; nurturing the next generation into the outdoors, inspiring just one person who didn't think running/climbing/ outdoor swimming might be for them, but through something they watch this year, might have a go. This is a real benefit to Kendal Mountain Festival online; if you enjoy a film this year, and know that someone else might enjoy watching it, you can gift it to them through the website. Literally share the adventure.

And finally, Filmmakers! You might have caught a few Q & A's in the past, but this year we have numerous intros from filmmakers prerecorded in each curation. Plus every single filmmaker has access to the platform, and can personally reply to comments through the comment section just under the watch screen. This means, that in addition to the People's Choice vote, we can give back personal engagement to all of our filmmakers. Please let them know what you thought of their work.

Now back to the programme! We have the classic collections of Climb, Mountain, Bike, Run and Snow. And this year we have added Explore, Water, Air, and Ride; with two curations that explore board-sport culture. If your keen for a variety of stories then try out Human Spirit, Uprising, Outside Thinkers and Age is no Barrier. These films celebrate the emotions at the heart of adventure; courage, wild-attitudes, and play. Finally, we would love you to watch our two deeply emotive curations titled Nurture Nature. Meet the alpinists, the scientists, the dreamers and the drag queens who are caring for our planet in innovative ways.

Take your time, explore the whole programme, soak it all up this year. We are all there with you.

INTRODUCING OUR TRAILER

Dom Bush and Simon Sylvester have created some of our most riveting trailers. This year we asked them to reflect on the current moment. No-one can pretend that 2020 is just about getting psyched, and getting out there. We needed to access the spirit of our filmmakers stories. Despite all the current restrictions on normality, let alone adventure, we strongly believe we need to share joy, resilience, nurture and nature.

ONLY WEATHER

What does it mean... to stop?

To close the book with words unread. Story hanging — truth unsaid. A journey unfinished... Undone... diminished.

What does it mean to shelter?
...and see the storm for what it is:
A fury, falling. Moments of cleansing
Unfolding, unfurling, and already ending.
Imploding under pressure
Cut free from the tether of time.

What does it mean to wait?
Standing on a tightrope — gossamer
Stretched between two peaks.
What went before and what comes after...
When here we are and here we meet.

Strangers become neighbours Migrants become saviours Nurturing communion in this Turning of the wheel.

One world. One flock.
All chips off the same block
And yes — it might be raining,
But that's only weather...
At least we're getting wet together.

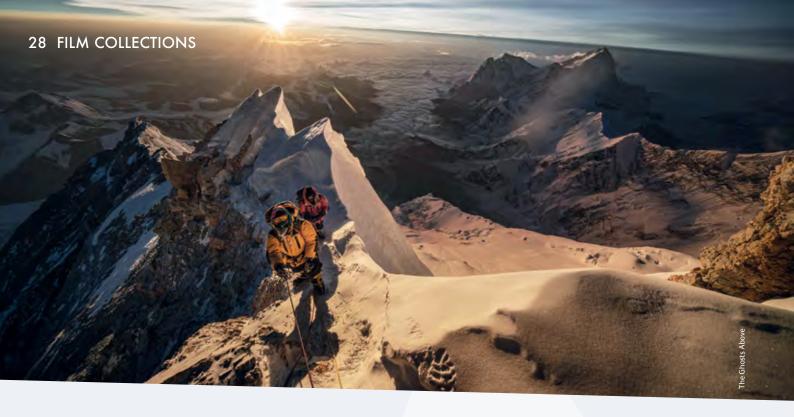
The story's never over.
A clean page always waits.
And so — what does it mean to stop?
Stopping gives us breathing space.

In our lungs, in our blood... Here's another thought: Not what it means to finish... But what it means... to *start*.

Simon Sylvester screenwriter | film teacher



Narration by Keme Nzerem



FILM COLLECTION MOUNTAIN

Come with us to the heights of Russia, Norway, New Zealand, North America and the Himalaya. Explore a heritage of obsession through Tomasz Mackiewicz' seven-year winter siege on Nanga Parbat. Discover contemporary alpinists and their all-mountain lifestyles. Mountaineering nurtures creativity as much as compulsion, so join us as we hunt for a high-altitude highline under the Northern Lights in



'Pathfinder', and a stoat-trapper's dream mission for a sabre-shaped peak in 'Kakapo Crest'. Our concluding film is a highly-anticipated journey into the past and future of Everest, from internationally awardwinning filmmakers Taylor Rees and Renan Ozturk. Who do we follow to these summits? And what do we really find there?

ELBRUS

MILO ZANECCHIA & SIMON STAETKER

A reflection on perceptions, exploration and freedom. Russia's Mount Elbrus in the Caucasus is the highest mountain in Europe. This is the region as seen through the eyes of a local mountain guide, presenting a wholly different reality to government warnings about the area.

4' / SWITZERLAND

PATHFINDER

ADAM RUBIN & DAN LIOR

Six world-class slackliners attempt something that's never been seen before; walking a thin line, elevated between two colossal cliffs, illuminated only by the mystical northern lights. The yearning that drives adventurers and explorers to climb the highest peaks, sail endless oceans, and cross vast deserts is the same passion that drives these slackliners to attempt what has still been unclaimed.

10' / ISRAEL

KAKAPO CREST

OLIVIA PAGE

A team of Tasmanian climbers is persuaded to hike off-track deep into remote Fiordland, New Zealand in search of a sabre-like peak, the Tusk. They battle through vertical plants, gale-force storms and dangerously loose rock; grit, wit and humour carrying them through. When they finally do reach the peak, they quickly learn why it might be that only one other person, in the 1970s, has attempted to summit it.

21' / AUSTRALIA





Jkano Crest



TOMASZ MACKIEWICZ (1973 – 2018)

M. HARIS ANSARI & NAVEED BARI

A film that explores the life and times of Tomasz Mackiewicz, Polish high-altitude climber, and the philosophy behind his seven consecutive attempts to climb Nanga Parbat in winter while telling the story of how events unfolded during his last attempt on the "Killer Mountain".

15' / PAKISTAN

SPEED DHAULAGIRI VII

DARIO TUBALDO

To make an expedition means that you want to reach the summit, but for speed mountaineer Benedikt Böhm and his team, there is much more. Böhm's plan is for a speed ascent, to the summit and back in less than eight hours, and there's a lot of charity fundraising riding on the result.

8' / ITALY

THE LONG HAUL

TYLER WILKINSON-RAY

Brian and JJ supply expeditions headed up the Karstens Ridge route on the north side of Denali, Alaska, using dogsled teams just like the original Denali expeditions. Traversing this rough terrain in the dark of winter is a feat that many consider more perilous than the Iditarod Trail Sled Dog Race. A look into America's mountaineering history and National Park efforts to keep it alive.

12' / USA

THE GHOSTS ABOVE

TAYLOR REES & RENAN OZTURK

Everest is the eternal subject of mountain films. Who achieved the first summit? Was it really George Mallory? On this quest there are reflections on the history of Everest expeditions, the fraught relationship between indigenous guides and expeditioners, the rigours of high-alpine mountaineering, and the commercialisation of sacred Everest. A brutally honest look at the current state of affairs.

37' / USA



1 Dhambaairi VII





FILM COLLECTION CLIMB 1

Climbing involves us in joy, creativity, community and, of course, a wee bit of leg-pulling. Especially by some Scots, underneath a bridge in Edinburgh. If that sounds like the start of a bad joke, then we're sure you'll find laughs and inspiration here. Elsewhere, meet the godfather of Suriana climbing in 'Ten Thousand Bolts', and the irrepressible Flolopapys; a band of young climbers who remind us what the game is all about.

'Over The Edge' and 'Dead Last' are our motivational winners; get out, get it ticked, but look around and enjoy the moment. Speaking of which, we kick off with a film placing us squarely in the now, as paramedic Jerome Mowat finds rock keeps his head together whilst responding to the Covid crisis. We hope you enjoy the show.

LOCK DOWN ROCK UP

NICO HAMBLETON

Jerome Mowat takes us through the challenges he faced as a front-line paramedic during the global pandemic and how he used climbing as an escape.

10' / UK

TEN THOUSAND BOLTS

DUNCAN SULLIVAN, ALEX LEVIN & ASHLEY BENZWIE

A short film about Toni Arbones, a professional rock climber and route bolter who for 30+ years single handedly turned Siurana, Spain into one of the most popular rock climbing areas in all of Europe. Bolting is an often overlooked process, integral to climbing and considered by climbers to be a unique art form. It is a craft that Toni has dedicated his life to perfecting..

18' / USA

OVER THE EDGE

EMMA CROME

This films underpinning themes are around female participation in traditional climbing and the potential sanitisation of 'adventurous' climbing, and the culture of breeding 'fear' through inauthentic media outputs. The film explores the way the four women came together to create a festival that aims to encourage independent thinking and encourages women to get outside of their comfort zone and manage their own risks.

DEAD LAST

DYLAN H BROWN

Kaitlyn Heatherly had never considered her potential as a world champion rock climber, but after attending a Shelfit retreat for women with physical differences, and with the encouragement of paraclimbing mentors, she discovered her talent and passion. Within five months of training she entered herself into the national paraclimbing competition.



A BRIDGE TOO FAR

CULANN O BRIEN

When pro climber Robbie Phillips takes a wrong turn on a walk in the city of Edinburgh he comes across what is considered now to be the Indian Creek of the UK! A thrilling tale of betrayal, love and recovery.

PRESENTED BY AMONTANE

FURTHER, FASTER

12' / UK

LOIC AND THE FLOLOPAPYS

DOMINIQUE SNYERS

Twenty two year old Loic has become a passionate climber after having received his first pair of climbing shoes at age six. Together with Florian, Pablo and Pierre, they form the inseparable "Flolopapys", bringing their energy and good vibes to the farthest reaches of the climbing world.

46' / BELGIUM



idge Too E



FILM COLLECTION CLIMB 2

Climbing is an expanding culture. In this collection we find it might encompass a city-dwellers day job, the glue that sticks an intensely busy life together, the resurrection of an abandoned industrial site, or a connection between two men 40 years apart.

Alongside this variety of climbing characters, we offer you a pick-andmix of rock type, or even resins. Desert cracks, hard-as-nails plastic, quarried marble (yes really), Yosemite granite, and Irish sea-cliff granite. Just grab your popcorn and get stuck in.

CONCEPCIÓN

CAMERON MAIER

British climber Hazel Findlay heads to Utah for a face-off with an immaculate 230-foot splitter crack; Concepción (5.13), located in the southwest desert near Moab. "I guess I got my ass kicked a little bit," says Hazel. "Performance anxiety comes because you put too much pressure on yourself. But if you have low expectations, then there's no pressure anymore." Ironically, as Hazel points out in this film, success happens when "You just kind of let yourself climb."

10' / USA

ROUTESETTER

MATT BIRD

Indoor climbing is one of the fastest growing sports in the world and at its heart is the routesetter; a person whose job is to arrange holds onto the wall to create challenges for climbers. Alexander Lemel, who is at the vanguard of a new wave of routesetters, is committed to pushing this exciting growing profession forward as it prepares to make its Olympic debut.

9' / UK



CARIES

ACHILLE MAURI

Carie is what remains of the degeneration process; in this case, of a place. The project started with climbing, and extended towards the relationship with a broken territory - the Apuan Alps, mountains that are no longer mountains because they have been ruined by mining. A study of the relationship between mountains, verticality and obstinacy, bringing us back in some way to the soul of climbing. 26' / ITALY

FREE AS CAN BE

SAMUEL CROSSLEY

When Jordan Cannon, a young climber infatuated with climbing history, meets climbing legend Mark Hudon, a Yosemite big wall free-climbing pioneer, they form an unlikely partnership around a common goal. While Cannon wants to complete an all-free ascent Freerider on El Capitan in a day, Hudon hopes to complete the route in as many days as it takes, becoming the oldest guy to free climb El Cap.

31' / USA

PENDULUM

LANE MATHIS

Rob Pizem is driven, regimented and compulsively productive. How else could he fit the roles of husband, father, fitness coach, high school teacher and professional climber into daily life? It's a balance, and one that occasionally suffers. "I'm constantly juggling," he says. "I get buried just like everybody else." 10' / USA

A FEATHER IN THE WEST **MATT PYCROFT**

PRESENTED BY

MONTANE FURTHER. FASTER.

In September 2019 a team of Irish climbers travelled to the small island of Owey to explore sea cliffs that have been described to have "enough routing potential to last at least twelve lifetimes". Their experiences are set on the Wild Atlantic Way, off the west coast of County Donegal. Our climbers soon discover an environment and community that is uniquely wondrous, beguiling and unforgettable.

46' / UK





FILM COLLECTION **RUN**

We open with a young man running home. A start point, a destination, a familiar landscape. Running at its most natural; stripped back, personal. Getting back to the core of why we run has been important to many of us this year, so we love the honesty of 'Running Thoughts', the activism and generosity of 'This Land' and 'Chase, Run, Fly'.

PRESENTED BY MERRELL.

'Imagine' and '47 Copa' throw us into the challenge of the race, but with heart and authenticity. The Corris Round takes us back to mentorship, and individual motivation; and that's what Kendal is all about; sharing the sport, and staying psyched. Enjoy watching, and keep running.

THE RUN HOME

ALFIE SMITH & LOUIS MACMILLAN

Schoolboy and Runner Louis Macmillan is captured on his six-mile run home from the school bus through the wilderness of the Keills Peninsula, overlooking the Sound of Jura.

5' / UK

LAND OF STEEL

CHRIS THOMAS

We follow John (70) a retired worker and lifelong resident of Port Talbot as he runs familiar paths, contemplating the shadows of uncertainty as the future of Welsh steel hangs in a precarious balance.

THE NEVER-ENDING MARATHON OF MR. DHARAM SINGH

DAVID FREID

2' / UK

Mr. Dharam Singh trains in his small village in India to run marathons. Also, he's 119 years old. 21' / USA



THIS LAND

CHELSEA JOLLY, WHIT HASSETT

Runner and advocate Faith E. Briggs used to run through the streets of Brooklyn every morning. Now she's running 150 miles through three National Monuments that lay in the thick of the controversy around public lands. She will be accompanied by running companions - who represent diverse perspectives in what it means to be a public land owner.

10' / USA

THE CORRIS ROUND

ROB JOHNSON

Watching Nicky Spinks videos on YouTube during lockdown gave 12 year old Tom an idea for his own fell run from his home in Corris, Southern Snowdonia. After poring over maps and exploring the local hills, "The Corris Round" was horn

This film follows Tom as he runs the inaugural "Round" with his Dad in 11.5 hours, covering 56.2 km, 12 Hewitts and 3315m of height gain. 20' / UK

CHASE, RUN, FLY

NICO CARBONARO

When they told 16 year old Julia Chase that women weren't allowed to run in the 1969 Manchester Road Race, she showed up anyway.

4' / USA

IMAGINE

PRASHANT BHATT

Kieren D'Souza ran up and down Mt. Friendship - a 5289m high Himalayan peak, in a record 11 hours and 45 minutes. Hoping to set a snowball in motion, getting more Indians to the mountains and inspiring them to experience mountains differently.

11' / INDIA

RUNNING THOUGHTS

FITZ CAHALL

Sometimes, an hour is all you get. Often, an hour is all you need. In those 60 minutes, for every question that gets answered, a new one gets asked. Join trail runners Perry Cohen, Junko Kazukawa and José González to hear what runs through their head as they run through nature.

3' / USA

47 COPA / FORTY SEVEN SUMMITS HUW ERDDYN

Follow ultra runner Huw Jack Brassington, as he attempts to run the notorious Paddy Buckley round, a 100km fell running challenge in the mountains of North Wales. Those who are brave enough to take on the challenge, climb 8000 metres over 47 of Snowdonia's highest mountains. All who attempt it want to break the magical 24 hour barrier, as does Huw. But when a massive summer storm hits Snowdonia this already monstrous challenge becomes almost impossible. As Huw battles against the weather he has to push the boundaries of his strength, endurance and determination further than he's ever done before.

45' / UK



FILM COLLECTION BIKE

Just two wheels... it's amazing what the bike has done for humanity. In this film collection we round up some incredible stories of community, travel, athleticism, artistry and some proper good humour.

Whether riding drunk or riding in the (continual, Scottish) rain, aiming for speed, enlightenment or bragging rights, these cyclists are freewheeling through life, no brakes applied.

MODDER

RALPH SAMSON

One week in cyclocross' mother land. 6' / CANADA

PEDAL THROUGH

ANALISE SMITH & ALY NICKLAS

Despite never having camped or ridden a bike off the pavement, Analise Cleopatra sets out to take on a week-long backcountry mountain biking adventure in Central Oregon on a journey of self healing and growth. Along with fellow beginner Dejuanae Toliver and professional mountain biker Brooklyn Bell, she discovers the joy of sleeping under the stars, the power of biking and the strength that comes with pedaling through.

14' / USA

CHOOSING TO LIVE

JEFF BARTLETT & MATT CLARK

While mourning her late husband, Sarah Hornby craved an opportunity to connect with him through his biggest passion. Her goal was simple. She would attempt all 10 routes he created while researching his Bikepacking in the Canadian Rockies guidebook, in a single year. As she pedaled, her story transformed. From sadness and loss to a profound celebration of both his life and her own unique journey, she was choosing to live.

8' / CANADA



BORN FROM JUNK

MIKE HORN & GALIN FOLEY

Tracing the outlaw roots of mountain biking back to its raw beginnings in Crested Butte, Colorado, featuring local activists. 15' / USA

MADMAN TRAILS OF BHUTAN

MIKE HORN & GALIN FOLEY

The Kingdom of Bhutan in the mighty eastern Himalayas is the new frontier in the world of enduro mountain biking. Riders can traverse the numerous ancient trails that make up an intricate web of pathways and dirt paths that dot and connect the kingdom's diverse twenty districts, providing a backdrop for a ride in one of the world's most pristine landscapes.

4' / CANADA

RAINSPOTTING

LUKE FRANCIS / FRANCWORKS

Alighting the Sleeper Train at the highest, remotest station on the West Highland Line, a group of cyclists head off on an opportunistic wintry journey to ride the old-established network of gravel drove roads, only to find themselves bogged-down exploring the alluring voids in between. That's why they're called push bikes, after all....

17' / UK

GOING NOWHERE: DEGREES

BEN GERRISH

Another part of the Going Nowhere series. A fitting name in conjunction with my riding, a whole hour can sometimes of passed, with the best intention to put in some KM's and I somehow haven't left the tarmac car park. Don't get me wrong, I'll more than happily get on with the ride... it's just when I am left to my own devices, my mind wanders, always looking slightly off trails to see what might be on offer.

1500 MILES

PRESENTED BY

TREK

CHRIS DUNCAN

Nicole Ver Kuilen is an athlete and amputee who challenges herself to complete a 1500 mile triathlon from Seattle to San Diego. She has the endurance, the will, and the passion to make it to the end. The question is: will her prosthesis survive the journey? 18' / USA

SNOW WARRIOR

FREDERICK KROETSCH & KURT SPENRATH

A love letter to the splendour of winter. It captures the beauty of a northern city through the eyes of a bicycle courier named Mariah. 8' / CANADA

THURSDAY FIELDS

HARRY ZERNIKE

Every Thursday evening a strikingly diverse group of cyclists gathers at a defunct airport in Brooklyn. They line up to race for bragging rights, petty cash, and the elusive feeling of belonging. This short documentary portrays race promoter Horace Burro, an unlikely subculture, and New York City's melting pot in action.

20' / USA

MY LAST DAY OF SUMMER

KRISTINA WAYTE & LUKE ALLEN **HUMPHREY**

On the last day of summer, Julia is at the bike shop hoping that her bike can be fixed. She soon finds herself on a ride like no other.

THE ALL-NEW SLASH

LOOKS LIKE A MONSTER TRUCK. RIDES LIKE A MAGIC CARPET.

This 29er enduro bike delivers descent-smashing speed with longer 170mm/160mm travel and an all-new RockShox Super Deluxe ThruShaft shock. You get incredible grip and control over bone-rattling terrain and spry efficiency to haul yourself up the climbs. Snag the win at your next enduro, crush gnarly backcountry lines, and crank out lap after lap of rowdy fun at the park.

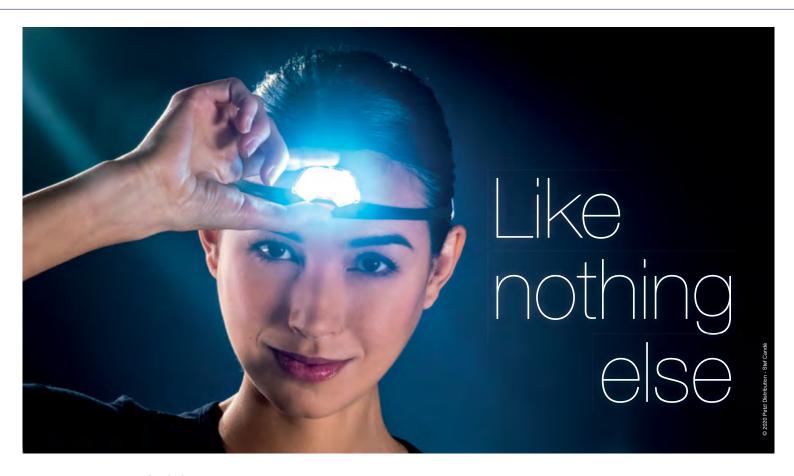




sophisticated **PROTECTION** and **COMFORT SYSTEM** for the mountains, defined by the responsible treatment of people and the environment. Innovative safety products, mountain backpacks and functional mountainwear with sustainable wool are the core of our brand.

Find out more on ortovox.com







IKO CORE

Ultra-lightweight and versatile, the rechargeable IKO CORE headlamp combines multiple technologies to offer 500 lumens of brightness at only 79 g. Featuring a patented AIRFIT headband, an ultra-thin lamp body, and a hybrid energy compartment that is located in the back, this headlamp is practically imperceptible. petzl.com





FILM COLLECTION SNOW

romance blossoms, and important equipment is dropped. And join a group of young ski tourers, who get hut bound in the Otzal Alps when Covid strikes in the towns below. Do they descend to a pandemic, or stay in the high snowfields forever?

A whirlwind, worldwide tour of ski stories. Meet 19-year-old Ekaterina, Ski Mountaineering Junior World Champion who trains on Russian volcanoes. How about an 87-year-old elite skier preparing for his very last tracks back home in Colorado? Take some time to get properly acquainted with The Chairlift; this isn't just a hop-on hop-off relationship, after all... it's where

CHARGE 2

ANTHONY BONELLO

We took five top freeskiers and a World Champion drone pilot to Mustang Powder Cat Skiing in BC for one week. Their instructions: charge as hard as you can everyday. Featuring Stan Rey, Leah Evans, Alexi Godbout, Josh Daiek, Drew Petersen and Jordan Temkin. 4′/CANADA

LAST TRACKS

ERIK PETERSEN

After shedding a lifetime of belongings, moving to an assisted living facility with his ailing sweetheart, and now coping with losing his mind, former world-class athlete Alan Jackson, 87, embraces his last tracks, and what remains despite the losses.

13' / USA



METANOIA

FLO GASSNER

Before exit restrictions and bans on contacts dominates the news in March 2020, the Mountain Tribe Crew embarks on a ski touring adventure in the Ötztal Alps. The pandemic situation is worsening faster than expected, and the decision is made to end the film project early. However, the quarantined Ötztal and the applicable restrictions make it difficult for them to travel home.

ZERMATT TO VERBIER

ETIENNE MÉREL

22' / AUSTRIA

The Patrouille des Glaciers is a mythic race across the highest traverse in the Alps, linking Zermatt to Verbier, organised by the Swiss Army. Follows the Faction team's human-powered journey as they discover the majestic peaks, incredible ski descents and deep history of alpine culture distilled in these mountains.

15' / SWITZERLAND

THE CHAIRLIFT

MIKE DOUGLAS

An ode to the often-overlooked device that enabled a sport and still acts as a central pillar of ski culture to this day. The film shares the stories about the access it offers, and connections forged while passing the time back to the top of the lift.

16' / CANADA

SWEET HOME KAMCHATKA

PRESENTED BY ORTOVOX

PEP CUBERES ESGLEAS & XAVIER ESGLEAS TARIFA

Ekaterina Osichkina is 19 years old, and Ski Mountaineering Junior World Champion. She has made Kamchatka well known inside this sport's community. Is it because of her overwhelming dominance? Or her great charisma? We follow her in the Russian Far East, where we discover the wild beauty of this remote place and climb a few volcanoes more active than we thought.

25' / SPAIN

BLIND FAITH

GRAEME MEIKLEJOHN

Mac Marcoux is one of Canada's most decorated para-athletes. He will attempt to redefine himself as a skier by taking his racing pedigree into Whistler Blackcomb's extreme alpine terrain, with the help of his new guide. He wants to change the way people see adaptive athletes and to become the world's first blind freeskier. He fights to stay healthy and inspired, hoping to be in the 2022 Olympic Team.

26' / CANADA



Jame V amolt toois



FILM COLLECTION WATER

This curation looks below the surface; following the practice of those who dive deep and hold their breath. Discover the traditions and developing cultures of those who paddle and row oceans and rivers, and gasp at the joyful daring of big-wave and ice-board surfers.

And most of all, we stay in the gentle, roaring moment of water. Therapeutic, threatening, a daily practice, a life-long dream. These aquatic stories flow apart, and back together. Sink in.

DIVE

MATTHIAS HOENE

German cliff diver Anna Bader tackles the training, excitement and dangers of the sport; sending a powerful message about ocean pollution.

3' / USA

RIVER QUEENS: HIGHLIGHT MY STRENGTHS JEREMY LURGIO

Former New Zealand national coach and paddler Howard Hyland returns to his roots to start a Waka Ama club for youth on the Whanganui River.

15' / USA

BE THERE, BE PRESENT GREG DENNIS

It's May 2020. The UK has been in lockdown for over a month leaving many people feeling isolated and anxious. Photographer Nick Pumphrey turned to where he feels most at home - the sea. In May he dedicated to taking his camera in the sea for every dawn of the month, and sharing his experience each morning with ten photographs on Instagram.



LE CHÉILE

KEV L SMITH

The film features Lahinch local surfer Ollie O'Flaherty and a host of his friends who live there. Le Chéile is the Irish word for "together". The music was recorded live in Kenny's, the local pub, by the O'Connell brothers. 5' / IRELAND

THE BREATH CONNECTION

ALISCIA YOUNG

A portrait of freediver Kathryn Nevatt, former World Champion and current New Zealand record holder in all three disciplines. Filmed through the distinctive Central Otago seasons, the film reflects Kathryn's philosophy and gives insight into the mind of a freediver.

14' / NEW ZEALAND

WATER FLOWS TOGETHER

PALMER MORSE, TAYLOR GRAHAM & MATT MIKKELSEN

Colleen Cooley, a Diné (Navajo) river guide on the San Juan River, works to highlight indigenous views on water resource management.

10' / USA

ICE EDGE

INGE WEGGE & JØRN RANUM

A group of surfers attempt to make surfboards out of ice in the Lofoten Islands. A film where nature and people play together.

10' / NORWAY

HYDROTHERAPY

JACK DAVIES & FIN DAVIES

A story of wild swimming, adaptation, strength and rewilding set in the raw and beautiful landscapes of Snowdonia National Park.
6' / UK

PRESENTED BY

YETI

KALANI: GIFT FROM HEAVEN NUNO DIAS

This film explores bodysurfer Kalani Lattanzi's epic performances as he rides some of the highest ocean waves in the most extreme conditions. An in-depth look at the mindset and commitment of Kalani as he ventures out alone to perform his art.

25' / PORTUGAL

LEAN AGAINST THE WIND

KEITH MALLOY

Conquering a 45 mile stretch of stacked waves, crashing currents and blistering winds - 13 times with just a paddle in hand - is just one way Lauren Spalding is considered a champ...

12' / USA

DRIFTING

RACHEL SARAH

Trying to understand the new normal in the wake of job loss and isolation. Filmed as a collaboration (social distanced and no contact). 4' / UK

THE LONG RIVER HOME

SETH DAHL

Aaron Howell and Russell Davies, both combat veterans, guide blind Navy veteran Lonnie Bedwell on a trip through the Grand Canyon.
20' / USA



FILM COLLECTION AIR

Films that celebrate the invisible substance that give us so much joy; whether it's flying, falling through, or even seemingly walking on it.

SILKS

JAMES FRYSTAK

Driven by powerful movements, stunning locations and hair raising exposure, Silks is a short film taking the art of an aerial silk performance and showcasing it in a way never seen before.

4' / CANADA

A PLEA FOR REFUGE

DANIEL HOLMES

Two adventurous friends, Jeff Shapiro and Cody Tuttle, have a desire to experience one of the last, raw, and truly preserved wilderness areas on the North American continent.

31' / USA

CROSSING THE YARLUNG ZANGBO RIVER

ZHANG YE

In 2009, a group of young people began slacklining in China. Now they attempt the first human crossing of the Yarlung Zangbo Grand Canyon.

20' / CHINA

RISE OF THE BIRD MEN

BRANDON RUSSELL

The story of the pioneers that brought raw, unpowered human flight out of the dream realm. A documentary piloted by interviews with the innovators that brought wingsuit flying to the world.

25' / USA

PRESENTED BY

JAN ZUREK

A highline project organised by passionate women all around the globe.

30' / CZECH REPUBLIC

CONNECTION

RANCHO

THIBAULT GACHET

Our moustached adventurer fulfils his dreams and shows us how to discover the mountains from a very different angle.

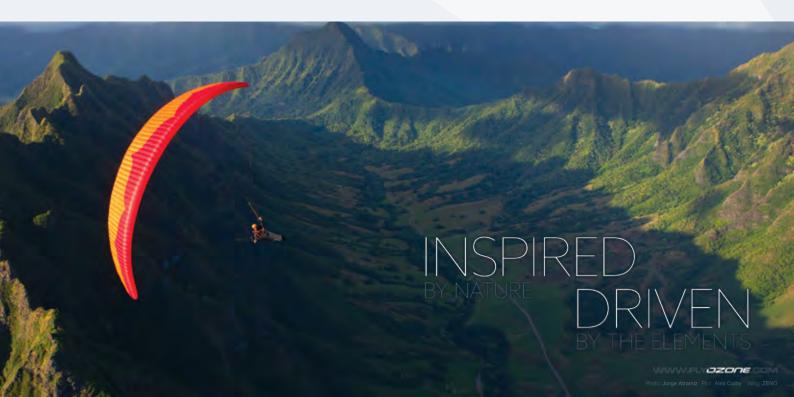
11' / FRANCE

OUT OF THE BLUE

DAVINA BEYLOOS MONTAZ-ROSSET & SÉBASTIEN MONTAZ-ROSSET

Acrobats and mountain alpinists create an unthinkable project in the summits of Switzerland.

43' / FRANCE





FILM COLLECTION RIDE 1

Two new curations from Kendal that celebrate all things board-related. Whether you ride the surf, slope or concrete, join us for stories that slide sideways. First we roll from Japanese van-life to California vibes, celebrating retro-styled freedom. Then we meet some of the diverse and divergent scenes across the world; people who are riding into the

future and rising up against all odds. Play is a huge part of riding, and 'Sandbagging Jimmy Chin' and 'Skivas' are all about fun for everyone. Which is what this session is all about. We all just bought longboards; see you in the car park.

A GUIDE TO MELLOW LIVIN'

SAMUEL MCMAHON

Shot in central Hokkaido, Japan, and starring Mathieu Crepel, 'A Guide to Mellow Livin'' is just that. A snapshot of being able to travel light and free, following the weather and/or your stomach.

4' / FRANCE

STOKE CHASERS

JO ANNA EDMISON

Stoke Chasers follows the story of a group of bold, young women who are breaking out the mold to start a new kind of movement.

10' / USA

THE SECRET OF BOTTOM TURN ISLAND

IAN DURKIN

Snowboarder Alex Yoder searches for the lost art of "snow-surfing".

4' / USA



PORTRAITS OF ROUTE 66

ADAM A ABADA

While skating the last stretch of Route 66 from Pasadena to Santa Monica in a single day, filmmaker Adam Abada interviews people along the way, painting a picture of contemporary personal identity and access to transportation.

9' / USA

END OF THE ROAD: A DISCOVERY OF SKIING WITHOUT EGO

JACOB OSTER

In a small nook of Oregon lies a gem. The cows outnumber the humans and it's wilderness landscape has ingrained itself as a spiritual guider of the local population. As the majority goes one way, we go another in search of skiing at its rarest.

14' / USA

SANDBAGGING JIMMY CHIN

KEITH MALLOY, JIMMY CHIN, SCOTT BALLEW, JEFF JOHNSON, DAN MALLOY & TAYLOR JOHNS

Jimmy Chin has done it all. But 'getting barreled' still wasn't checked off on his bucket list; until now.

11' / USA



SHANGHAI 6

CHARLES LANCEPLAINE

Skateboarding in Shanghai has radically changed over the years, going from a free for all skate spots to a heavily regulated practice. The new opus focuses on the radical changes the scene has undergone in the past decade and what it means for the local skate community.

PRESENTED BY

22' / CHINA

UNNUR

CHRIS BURKARD

Elli Thor is an Icelandic photographer, surfer, and former kayaker. A decade ago Elli nearly drowned under a waterfall while kayaking a challenging Icelandic river. The near-death experience became a catalyst for personal growth and his professional career. After walking away from kayaking, a newfound passion for surfing and the birth of his daughter Unnur gave him a new perspective to life.

17' / USA

STREET SURFERS

ARTHUR NEUMEIER

In Johannesburg, South Africa, Thabo and Mokete serve the environment through recycling as a means of income.

9' / SOUTH AFRICA

SKIVAS

UPLAND FILMS

Ten of the best female skiers and snowboarders meet during winter 2020 to stack shots in urban, freeride and backcountry.

17' / FRANCE



RIDE, PROTECT & SHARE

Ride, Protect & Share, these three words represent the essence of who we are: a snowboard, ski, surf, and outdoor clothing brand who, while not taking ourselves too seriously, still want to effect change.

At a time when the textile industry is responsible for 8% of the world's carbon emissions and where the climate crisis has reached its peak, we all have our role to play to make a difference. Since Picture started in 2008, we have always sought to push one step further to minimize our impact on the environment. Our commitment to a sustainable, ethical, and environmentally-responsible approach covers every aspect of our business, from the supply chain, to manufacturing, to shipping.

To reduce the consequences doing business has on both the climate and people, we need to wipe out our dependence on fossil fuels. Curbing our impact on the environment and limiting growth, changing conventional production models, and promoting reasonable consumption are all key pillars of this evolution.

Okay, great, but alone we are just a drop in the bucket. This is where B-Corp certification has meaning: using business and our influence as a force for good. We need to galvanize as many people as possible from our community - partners, and stakeholders in the outdoor and apparel industries - to participate in the energy transition and in removing carbon from the global economy.

Fighting climate change through our passion for boardsports and great outdoors, this is our mission.

Julien, Jérémy & Vincent Picture's co-founders



FILM COLLECTION RIDE 2

A stack of some of the best portrayals of global riding scenes. Creativity



and courage lead here; boarding between huge banks of snow in Austria, blading in Rwanda, catching elusive waves under Brighton Pier, and wheeling through expectations in Egypt. We are thrilled to be presenting Picture Organic Clothing's newest work; Joey Schusler's 'Made in Voyage'

turns a 1960's ski bus into a snow-dreamboat and slow-rolls through the US mountain ranges. 'Less is More' explores a similarly minimalist approach to life, as a family of four prioritise the lessons of the sea, adventure and culture in this beautiful surf journal.

BETWEEN WALLS

JAKOB SCHWEIGHOFER, JOHANNES **HOFFMANN & SIMON PLATZER**

Johanna Bolanos Cabrera and Jasmijn Hanegraef grab their longboards and take the chance to downhill through the stunning scenery in the Timmelshoch, Austria. 2' / AUSTRIA

AFRICA RIDING: KARIM, RWANDA AURÉLIEN BIETTE & LIZ GOMIS

Discover Karim, an amazing roller skater who performs incredible stunts and tricks directly on the road. Thanks to his talent, people from the Rwandan high society have hired him to give roller skating lessons to their children. 8' / FRANCE

BITTERSWEET

DANIEL EMILE SATCHELL

Although it's hardly the epicentre of UK surfing, Daniel Satchell shows what it's like to surf in Brighton.

5' / UK

MADE IN VOYAGE

JOEY SCHUSLER & WILEY KAUPAS

Cody and Kellyn refurbished a1960s school bus and embarked on a road adventure to satisfy their quest for an alternative outdoor lifestyle. 20' / USA

SKATEBOARDING: FREEDOM OF EXPRESSION

ABDELRAHMAN GABR

Skateboarding is a rare sport in Egypt and also in the Middle East, these girls use their passion to express their feelings through skateboarding. 3' / EGYPT

BEYOND TRADITION

SHIN AOKI

The Urushi Alaia Project is based on a foundation of appreciation and respect, from Australia and Japan, for both nature and surfing

16' / JAPAN

LESS IS MORE

JOUBERT MATHIAS

The Surf Island Family are part-time teachers in France; they travel the world for the other half of the year. They travel to surf and to meet other cultures. We join them on an adventure in Indonesia where, as usual with travel, nothing goes as planned. Then the trip swerves to a completely different destination... let's go to Ireland!

52' / FRANCE





FILM COLLECTION **EXPLORE**

True exploration requires curiosity, courage and an eye for detail. We kick off with the infrastructure that supports modern exploration; Union Glacier Camp organises access to West Antarctica, a wild place for

PRESENTED BY



logistics! Myrtle Simpson shows us how it was originally done, recounting 50 years of polar crossings, botanical exploration and adventure writing, family in tow. Mixing up the modes of travel, 'Ocean To Asgard' follows

four friends on a trip out to Baffin Island via pink flamingos and finger cracks. Next up; exploration for extinct species, as a New Zealander saves the stick insect via a sea stack. Sort of, anyway. Then for a last surge of adventure; Kendal award-winning paddler/explorer Ben Stooksberry is back, in fact he's returning to El Guayas, attempting a first descent of one of Columbia's wildest rivers.

A VERY SHORT GUIDE TO **UNION GLACIER CAMP**

TEMUJIN DORAN

Union Glacier camp is a seasonal, remote field camp in West Antarctica. It is one of my favourite places in the world, due largely to the wonderful people that run and pass through the camp, and this film is a very short guide to the camp and some of the people who work there.

5' / UK

MYRTLE SIMPSON: A LIFE ON ICE

LEIGH ANNE SIDES

Myrtle Simpson - trailblazer, pioneer, adventurer, mountain climber, polar explorer, writer, and mother. Myrtle's life has taken her around the globe, journeys on which she insisted on taking her four children while she and her husband Hugh pursued their work and passion. Today, at the age of 89 she still competes in downhill ski races, hikes, bikes and swims and believes that more adventures await.

34' / UK



OCEAN TO ASGARD

HEATHER MOSHER

Four friends travel to Baffin Island for a fortyday human-powered adventure, featuring bigwall first ascents, whitewater paddle descents, and wild Arctic flamingos.

34' / CANADA

STUCK ON A ROCK

ASHER FLATT

Ball's Pyramid is the tallest sea stack in the world, a monolithic rock jutting from the Pacific Ocean 20km from Lord Howe Island and the sight of one of the most remarkable rediscoveries of the 21st century. Stuck on a Rock is a story of adventure and persistence in the face of adversity. It is also the slightly odd tale of an extinct stick insect and the people trying to bring it back from the dead.

32' / NEW ZEALAND

RETURN TO EL GUAYAS

BENJAMIN STOOKESBERRY

Two-time National Geographic Adventurer of the year and award winning film maker Ben Stookesberry joins up with Red Bull paddler Rafa Ortiz and long-time expedition kayaker Lane Jacobs to attempt the first descent of one of Colombia's wildest rivers: El Rio Guayas. Ben and Lane previously attempted the river in 2017 but hiked out because of high water and concerns about the security of this area known for it's history of armed conflict. This time around Ben, Lane, and Rafa reach the river with a perfect flow and perfect weather. In the middle of the night 2 rain pours down, leaving the team stranded in the most remote portion of the canyon. With rumors of armed groups in mind, they paddle into the now flooded unknown river.

31' / USA



Myrtle Simpson: A Life On Ice





FILM COLLECTION **NURTURE NATURE 1**

These two programmes look at the ways people are working out how to connect with, and care for nature. You can't love what you don't know, so these films inform and inspire us to believe in the force of nature, and our own ability to fight for it. We love the simple connection we

can all relate to in 'The Sea to Me' and 'Where I Belong'. The beauty of 'Chasing Ghosts', the sense of humour and possibility in 'From Kurils with Love', and the questions posed by 'Ama' and 'Falling Mountains'. We hope you enjoy this curation.

THE SEA TO ME: KATE HAMSIKOVA

DAVID GRAY & LUKE PILBEAM

Kate Hamsikova is a freediver and swimming instructor whose connection with the sea grew thanks to a solitary local dolphin. Over 15 years she has become an experienced freediver; diving in many of the world's great oceans and sharing her passion for the sea with others. 3' / UK

EYES IN THE FOREST

RYAN FERENCH

The Amazon was the first victim of the peace process in Colombia; since the demobilization of the FARC guerilla group in 2017, deforestation rates have spiked by more than 40%. Angélica Diaz-Pulido and the Wildlife Insights team are racing against the dark forces behind Colombia's deforestation to understand and protect the country's incredible biodiversity - before it is too late. 19' / USA

WHERE I BELONG

CHRIS CRESCI

Chris Hill, an environmental lobbyist and angler, never saw people like herself on the river until recently. Through social media platforms like Instagram, traditionally underrepresented voices are creating communities to encourage one another and amplify their message - we belong here too.

9' / USA

AMA

GEORGIE YUKIKO DONOVAN

Filmmaker Georgie Yukiko Donovan explores the story of the Ama divers - the last of Japan's 'women of the sea' and their fight to preserve their 3,000 year old way of life.

CHASING GHOSTS

ERIC BENDICK

In their quest to identify the pollinator of the ghost orchid for the first time, this team of researchers and photographers spent three summers standing waist-deep in alligator- and snake-laden water, swatting air blackened by mosquitoes, and climbing to sometimes nausea-inducing heights. They came away with an even deeper love for Florida's wildest wetlands—and with surprising revelations that may help to conserve both the endangered orchid and its shrinking home.

16' / USA



WHEN THE SNOW MELTS

JAMES STEVENS

Tucked away in the remote Scottish Highlands, Alan and Fiona Stewart have a very special way of life, running their sleddogs from the backdoor and into the mountains. However the winters are becoming warmer. How can they cope with the changing climate? 16' / UK

FROM KURILS WITH LOVE

JAMES STEVENS

Vladimir, a scrappy but aging Russian marine mammal biologist, hitch hikes aboard a boat filled with adventure photographers. His own boat was lost to the explosion of the Raikoke volcano. He is on a mission to help fulfil his quest to understand and protect the Kuril Islands: together the team sets out in one of the most remote and accessible volcanic island chains in the world to help Vladimir.

24' / USA

FALLING MOUNTAINS

KATIE MOORE

What would you do if your physical environment began falling apart before your eyes? The last three years have been the warmest on record in the European Alps - glaciers are receding at an alarming rate, and mountains are crumbling. Can alpine communities adapt economies and livelihoods fast enough to keep pace with this rapid change?

29' / FRANCE



FILM COLLECTION NURTURE NATURE 2

Humans are complicated and beautiful creatures; these stories expose our flawed dreams, and our true natures, but most of all our innate drive to connect and care. We hope this curation will make you laugh, and cry, and believe.

VOICE ABOVE WATER

DANA FRANKOFF

The story of Wayan, a 90-year-old fisherman who can no longer fish because of the amount of plastic piling up in our oceans. Instead he uses his fishing boat to pull trash from the water in the hope of being able to fish again. A reminder that it takes all of us playing our part and coming together to accomplish something greater than ourselves.

11' / USA

LIFE ON THE ROCKS

GEORGE PRETTY

At the mouth of the Firth of Forth sits an ancient volcanic island, home to the world's largest colony of gannets: The Bass Rock. For three years from 1960, June Nelson and her late husband Bryan called it their home, intimately studying the birds and their behaviours. June reflects on their time together and the catastrophic loss of global seabird populations in the years since.

THE CHURCH FORESTS OF ETHIOPIA

JEREMY SEIFERT

The Ethiopian Orthodox Churches have to preserve Ethiopia's quickly shrinking biodiversity and teach people how to live with forests.

9' / USA

THE OUTLAW OCEAN: TROUBLE IN WEST AFRICA

RYAN FFRENCH

Pulitzer-Prize winning investigative journalist Ian Urbina travels to The Gambia in West Africa to investigate reports of the mysterious disappearance of the coastal nation's fish populations.

9' / USA

ECHOES FROM THE ARCTIC

XXX

XXX.

XX' / XX

FOOLS & DREAMERS: REGENERATING A NATIVE FOREST

JORDAN OSMOND & ANTOINETTE WILSON

The story of Hinewai Nature Reserve and its manager of 30 years, botanist Dr Hugh Wilson. We learn about the commitment to regenerate marginal, hilly farmland into native forest, using a minimal interference method that allows nature to do the work, giving life to over 1500 hectares of native forest, waterways, and the creatures that live within them. A gentle inspirational story.

30' / NEW ZEALAND

DEAR MOTHER NATURE

TIM KRESSIN

Wyn Wiley (he/him), aka Pattie Gonia (she/her), has made waves over the past year as an environmental advocate drag queen. We follow Wyn as he travels to Hawaii to see first-hand the impacts of careless consumption and plastics on Mother Nature (or as Pattie says, "Mother Natch"). Wyn meets with scientists, non-profit leaders, volunteers, then rallies the Pattie community to lead a beach clean-up.

30' / USA





FILM COLLECTION HUMAN SPIRIT

In this collection, an old, washed-out boat is the key to a secret surfing lake, a 'small' female Sumo wrestles tradition for the right to take the ring, skiers adapt to take to the heights of the alps, and Leo Houlding grasps the wind by the teeth to reach the end of the earth.

BLACKTHORN

DOM BUSH

Sam Robinson plies the thousand-year-old craft of dry stone walling in Cumbria, working in all weathers to make and maintain the lie of the land. His philosophy is one of protest, pride and authenticity — the counter-vision to a Britain bound in consumerism, the people removed from the work that once grounded their communities. For Sam, resistance is the honesty of work and words.

8′ / UK

AÑAY KACHI: SALT WORKERS OF THE PERUVIAN ANDES

CRISTOBAL RUIZ, THOMAS SILCOCK & TOTO THOTS

Sam Robinson plies the thousand-year-old craft of dry stone walling in Cumbria, working in all weathers to make and maintain the lie of the land. His philosophy is one of protest, pride and authenticity — the counter-vision to a Britain bound in consumerism, the people removed from the work that once grounded their communities. For Sam, resistance is the honesty of work and words.

13' / CHILE

ADA

DANE WINN

This animated film is based on the true-life story of Ada Blackjack, a 23-year-old Alaskan seamstress who was stranded on a barren Arctic island with a dying man in 1921. She must overcome her fears of the wilderness and find the strength to survive if she ever hopes to return home to her son.

11' / UK

NO DISTANCE BETWEEN US

VERA HONG

This film reveals the Aboriginal spiritual connection to the largest human fossil trackway in the world. The story of the trackway, which is now covered in tons of sand for conservation, is told through the candid voices of the traditional custodians of the Willandra Lakes Region, capturing their enduring spirit and powerful insight.

11' / AUSTRALIA

GAMES OF SURVIVAL: A CULTURE PRESERVED IN ICE

NICHOLAS NATALE

Native Eskimos have competed in these games since 1961, a gathering of Eskimo people from all around the circumpolar region and is the largest annual celebration of Alaskan native heritage. Through travelling to native villages and filming the World Eskimo Indian Olympics, this film provides a look into the lives of native Alaskan Eskimos and shares their traditions and culture with the audience.



LOVE, TRAILS, & DINOSAURS

ALEX OLIVER

Experience the loving relationship of a mother and her autistic son as they hike the 900 miles of trails within the Great Smoky Mountains National Park. Garan Moore became the first person with autism to achieve this feat; it's a powerful story full of love and discovery.

THE WHITE FOX: CHARLIE LEEDS ROB JOHNSON

Charlie Leeds has become a bit of a legend in the outdoor world. Famously a modern-day hard man, working as a bouncer on the streets of Leeds, his cover was blown when visitors to his bar found him reading 'The Nature of Snowdonia' on the door. We visit him in his natural habitats and learn a little about the inspiration he finds in the mountains and how they have shaped his life over the last five years. 8' / UK

TIDAL

TRYGVE HEIDE

Lucky to have survived after a horrific BASE jumping accident, Lisa Beasley must now face an extended recovery period that brings her closer to her mother as well as her first love; the sea. She discovers the beauty of the Cape Town tidal pools and she must now work to protect them from the harmful historical cleaning protocols that kill the marine life she has come to love.

28' / SOUTH AFRICA

In To Fall

FILM COLLECTION UPRISING

Films that get us fired up about the dynamics of the next generation, and the new communities that are exploding onto the outdoor scene. We meet young people who are coming up with innovative and compassionate ways to find adventure throughout the world.

Needing some inspiration this year? (...Don't we all). This is the place for activism, madcap campaigns and wild stunts that defy possibility and prejudice. Get engaged; these guys are creating change.

DANGER DAISY

RACHEL KNOLL

An inspiring portrait of a young female athlete who grew up training in downhill ski jumping, seeing the shift from women athletes beginning to compete, to now advocating herself for the ability to compete on the same size hills as her male counterparts.

4' / USA

VENTURE OUT

PALMER MORSE, JAMIE DINICOLA & MATT MIKKELSEN

A story of overcoming odds, the power of resilience, and the ever-lasting effects of LGBTQ community building. The Venture Out Project, founded by Perry Cohen, is a non-profit organisation that brings LGBTQ folks together outdoors on wilderness trips. In sharing his story, we get a glimpse into the healing qualities of nature and life-saving community bonds that are being forged.

15' / USA

#ITWASALLMYIDEA AN EVERESTING STORY

NIELS BURGESS

14-year-old Zak Burgess from Clitheroe is one of the youngest in the world to complete the Everesting Challenge, where cyclists ascend and descend a given hill multiple times to reach the altitude of Mount Everest (20,029ft).

FREEDOM SEAT

LINUS HERBIG-MATTEN

Today over 40 million people live in modern day slavery. In 2018 Naresh Kumar went on his biggest adventure to date. He wants to cycle from Chennai, India to Hamburg, Germany on a tandem bike. Along the way he invites people to help him pedal for a cause and explains the need to take action. On his 74 day journey Naresh will cross 12 countries, cycling over 8,000km.

27' / GERMANY

PERMISSION TO FALL

ELNARI PAAKKANEN

The immigrant children at an eastern Finland reception centre are delighted as they are going to learn how to ski! The story follows children getting their first skis, learning the basics and heading out for a big hill. Soon it's time to head for the first cross-country skiing contest. In this competition, everybody wins. 13' / FINLAND

UNCOMFORTABLE

RACHEL SARAH

An exploration of mental health, the outdoors, and discomfort.

4' / UK



DO BETTER TOGETHER

SHELMA JUN

Ayesha McGowan is training to become the first African American female professional road cyclist, but it's not just about her breaking through. Rather, Ayesha is a voice for how important representation matters to make this sport accessible for others.

7' / USA

FREEDOM OF THE MOORS

SCOTT BRADLEY

In this entertaining docudrama, a young reporter seeks to find out why the huge tower on Darwen moors was built.

7' / UK

THE IMAGINARY LINE

KYLOR MELTON

In 2019, teams from Mexico and the US established a slackline between the borders of the two countries in an act of solidarity.

11' / USA

IT IS THE PEOPLE: A PACIFIC CREST TRAIL FILM

ELINA OSBORNE

They say your first thru-hike is like your first love. In April of 2019 with just a pack on her back, a girl from West Auckland, New Zealand began a journey that would change her world. The footpath that spans 4,270km from Mexico into Canada is known as the Pacific Crest Trail; an intimidating hike. Elina had a singular goal of reaching Canada, but was that truly the point of it all along?.

17' / NEW ZEALAND



FILM COLLECTION OUTSIDE THINKERS

We introduced Outside Thinkers last year to allow us to play with what Kendal Mountain Festival could programme, and introduce you to films we loved, found challenging and provocative within the outdoor world. We hope these stories will encourage you to think outside the box a little, and toy with your perspective on the world.

From free-divers who become treasure hunters, a generation rejecting the city drive and returning to a remote and wilder life, and the first girl in a small town to become truly exceptional at the traditional but highly dangerous Cheese Roll, these films push the boundaries, but stay playful.

RIVER LOOTERS

REBECCA HYNES

In Bend, Oregon thousands of people play in the Deschutes River – surfing, paddle boarding and tubing. But three of them pursue an unusual brand of fun by free diving and recovering what people have lost on a narrow section of the rapids.

4' / USA

NOBODY DIES IN LONGYEARBYEN

DAVID FREID

What goes down must come up. A short film about Longyearbyen, Norway, one of the northernmost towns in the world. The town of about 2,100 residents is situated on the Svalbard archipelago and is the home of the Global Seed Vault. It's illegal to be buried here as the region is plunged into sub-zero temperatures all year round, so bodies would never decompose.

9' / USA

YOUTH OF THE RURAL NORTH JULIET KLOTTRUP

A poetic documentary capturing portraits and voices of local young people living in the rural Yorkshire Dales and Cumbria. An ode to the landscape; from farmers to fell runners and mothers to be, all shot on 8mm film, this is an archival record of now.

16' / UK

BELLMOUTH

JOE ROBERTS

Amy is taken on a camping holiday for her 15th birthday by her dad. The carefree days with her little brother soon give way to uncertain weeks. The shifting sands of the parent-child relationship reveal an uncertain foundation, leaving Amy with a decision to make. Bellmouth is a coming-of-age short that highlights the lack of support for grieving families in need, and the corrosive nature of secret keeping.

17' / UK

HAMAMA & CALUNA

ANOUK MUGGLI

Teenage refugee friends Hamama and Caluna have left everything behind to flee their home country and have ended up stranded in a camp in northern Italy. One day they decide to cross the closed border into Switzerland, under cover of darkness, by going over the Alps.

23' / SWITZERLAND

LET'S ROLL

CHRIS THOMAS

Antonia is a good-for-nothing teenager with zero future prospects. She lives in Brockworth, famed for its Cheese Roll: an extremely dangerous race held annually on Cooper's Hill. Her brother is the current champion, but unavailable. Antonia sees his absence as an opportunity to finally get involved. However, her mother Fiona, staunchly against the barbaric sport, imposes an outright ban on her taking part.

23' / UK

BAT SH*T

CHRIS COTTAM

Giving voice to some of the animals who suffer from human behaviour; pangolins, rats, pigs, birds, rabbits and - of course – bats.

4' / UK

KUKERI

DANIEL ALI & JACOB SCHÜHLE-LEWIS

The Balkans is home to an ancient pagan tradition where magic and mystery still have a sacred place. The Kukeri festival has had a strong hold over Bulgarian cultural life since the fifth century, surviving the Ottomans, Christendom and communist rule. Every winter, hundreds of terrifying figures prowl snow-capped forests and village centres in search of evil spirits to expel from their communities.

NO BALL GAMES

CHARLOTTE REGAN

A film about working class kids and the games they play. Celebrating the imagination and resourcefulness of young children across the UK by understanding the outdoor games they invent, inherit and play.

14' / UK



Jkeri



LIFETIME FAVOURITES

Fjällräven Jackets and Parkas

Something peculiar happens when you wear a *Fjällräven* jacket year after year, on hikes, walks, commutes and journeys; it becomes your personal memory depot. That time you went to *Scotland*, those autumn walks in the forest and that huge snowman you built in the parking lot. The people you meet and the places you go become part of it. At Fjällräven, these are the

only jackets you'll find. Functional, durable, timeless and ready for all the places and all the memories you care to give them. Made from reliable, weatherproof, sustainable materials and nothing but fluorocarbon-free impregnation. Find your favourite at *fjallraven.com*. Nature is waiting.





AGE IS NO BARRIER

Connecting with the outdoors should be a lifelong opportunity and passion. These films celebrate those who sustain their sense of adventure, who are stewards of the environment even if they themselves need care, whose wisdom is expressed in wild and curious ways.

We also meet young enthusiasts coming at adventure from a totally unexpected angle, getting entrenched in nature from the very start. We love sharing this collection with family and mentors, so get everyone online, at the same time, and press play.

COAL, CAKE AND CALZONE: THE STORY OF THE CLARA VALE MTB CLUB

OLLY TOWNSEND

Clara Vale supports a super-enthusiastic MTB club. They ride every Tuesday no matter what, on their amazing network of local trails. The club tell their own story in the form of voiceovers; trying to articulate what it is they love about the club and how they fit into an informal hierarchy.

4' / UK

RITE OF PASSAGE

ELI PRITCHARD

Mountaineer Paul Pritchard was left hemiplegic following an accident off the coast of Tasmania in 1998. In 2019 his 12-year-old son Eli, a keen rock climber, took his dad on a trip to the Khumbu region of the Nepal Himalaya. Eli wanted to show that disabled dads can give their kids the best start in life, just like other more able dads, and to make a fun film about a father-son relationship.

IRAKLI'S LANTERN

BEN PAGE

High in the Caucasus mountains of Georgia, 78 year old Irakli Khvedaguridze has spent the last 25 winters living alone as the last inhabitant of Europe's highest village.

22' / UK

MY OLD BEDROOM WINDOW

RICHARD SCARSBROOK

A woman, born and raised in Kendal, reflects on her love of the hills as she makes an overnight camping trip into the Howgills.

4' / Uk

THE CURIOSITY OF EDWARD PRATT

THOMAS SANDLER

In March 2015 19-year-old Edward Pratt set off from his home in Somerset on a unicycle, and pedalled across the world unsupported for over 3 years, raising funds for charity School in a Bag. He filmed the extraordinary trip of approximately 21,000 miles, and posting videos as he went.

13' / BELGIUM



THE FANTASTIC GRANDMOTHERS

MITCH BUCKLEY

The story of a team of citizen scientists working in the tropical paradise of New Caledonia. Brought together to study an unusual species, they have since become much more than a research group and embarked on a fabulous adventure.

11' / UK

THE ARROWHEAD TRAVERSE

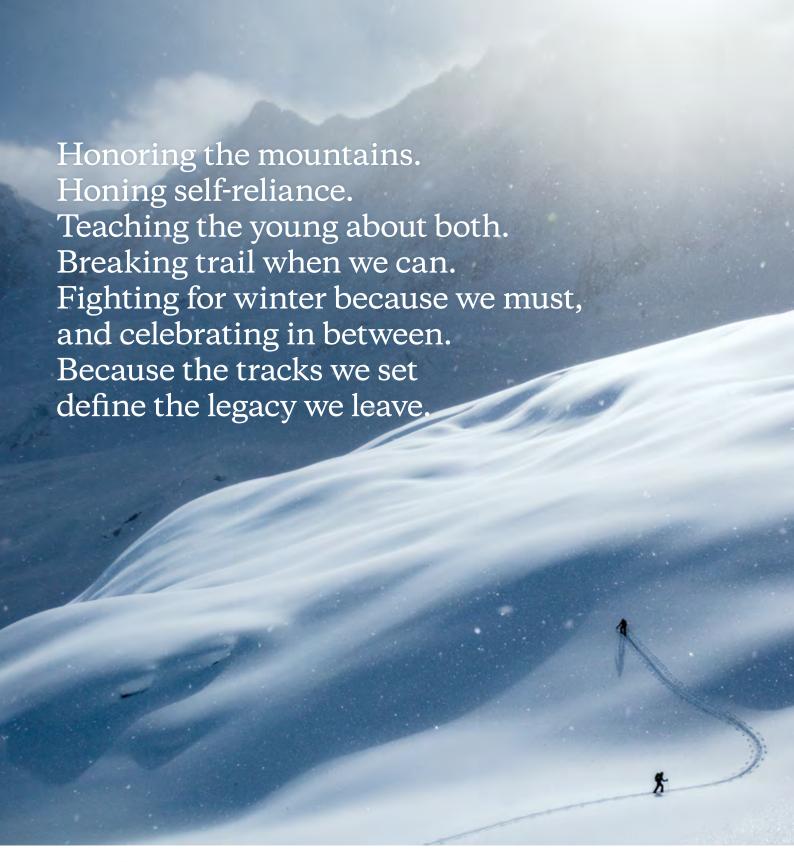
KRISTOPHER LENCOWSKI & RUTH LENCOWSKI

Maura and Bobby Marko are passionate about the outdoors. After becoming parents, they knew that passing on a love and respect for the wilderness would be a major priority for their family. The family attempts a bold traverse of the Arrowhead of Minnesota, travelling from the Mississippi River to Lake Superior by bicycle, canoe and foot, along with their three-year-old son and nine-month-old daughter.

23' / USA



kli's Lantern



Moving slow, and low, across the Bonney Glacier under convective skies. Unknown skiers. Rogers Pass, Glacier National Park, British Columbia. $\textbf{RYAN CREARY} \ \textcircled{o}\ 2020\ \textbf{Patagonia, Inc.}$



FILM COLLECTION FAMILY FRIENDLY 1

Kendal Mountain Festival's Vision is to inspire more people to explore and enjoy the outdoors, and we feel strongly this starts with the youngest members of our community. We are thrilled to offer these two curations of colourful and exciting short films, taking in global landscapes to at-home adventures.

This selection is perfect for those energetic, curious and down-right magical younger members of the family in particular. The age when everything was a potential best friend; a dog, dolphin, a snail, and how about a skiing Japanese Melon Bear...

BANDIT HILL

SCOTTY CARLSON

A whimsical adventure through an enchanted forest filled with woodland creatures ready to play.

4' / USA

A VERY SHORT GUIDE TO UNION GLACIER

TEMUJIN DORAN

Union Glacier Camp is a seasonal, remote field camp in West Antarctica: this film is a guide to the camp and some of its people. 5' / UK

24 LEECHES

AARON PETERSON

Aaron Peterson's tribute to his ten-year-old son who died in 2019; he narrates a family canoe adventure to the Slate Islands of Ontario.

10' / USA

MELON KUMA

GEORGE KNOWLES & SNOW LOCALS

Melon Kuma from Yubari is probably the most unique yet simple mascot in Japan – he's a bear/melon fusion. Here he is skiing!
4' / USA



THE SEA TO ME

DAVID GRAY & LUKE PILBEAM

Kate Hamsikova is a freediver and swimming instructor whose connection with the sea grew, thanks to a solitary local dolphin.

3' / USA

ROCKY INTERTIDAL ZONES (OREGON)

IRENE TEJARATCHI HESS

From the Neskowin Ghost Forest to the Devil's Punchbowl, a young boy explores the rocky intertidal zones of the Oregon Coast. 3' / USA

LONELY BACKSIDE WHEEL QUEK SHIO CHUAN

What is this thing? It's a triathlon themed zoetrope made with 1,300 paper cutouts, powered by a psychotic cyclist...
2' / MALAYSIA

LIFE IN THE SLOW LANE

SOL DE GLANVILLE & BEN DE GLANVILLE

A film by Sol and Ben de Glanville (age 10 and 6). The story of a snail's epic adventure as he goes in search of a garlic flower Shangri-la. 3' / UK



RETURN TO EARTH: TIME WISELY SPENT

DARCY WITTENBURG, DARREN MCCULLOUGH, COLIN JONES

In Whistler, B.C. the next generation of mountain bikers discover plenty of jumps, rowdy trails and camaraderie.

5' / CANADA

PRESENTED BY

V O L V O

HOPUS

LUCIE KOKOLIOVÁ

At first glance, ski jumping looks like a perfectly peaceful sport. But what happens if the human skiers are replaced by animals?
4' / CZECH REPUBLIC

ADVENTURES OF OLA & FYNN

JOCKY SANDERSON

After a tragic accident, Ola Jackson discovered the freedom of flight through paragliding with pilot Jocky Sanderson and his son's dog Fynn.

3' / UK

EL MONOCICLO EN CUBA

NATHAN WARD & KIAN WARD

A feel-good story about a nine-year-old boy riding his unicycle in Cuba.
6′ / USA



1onociclo en Cuba



FILM COLLECTION FAMILY FRIENDLY 2

Now we think you should all gather round for these films; but expect inspired questions from the older kids; what does it mean to be a native of a place? How does being in water make me feel better, and most importantly, when can we try aerial silks!

CHARGE 2

ANTHONY BONELLO

Five top freeskiers and a World Champion drone pilot head to Mustang Powder Cat Skiing in British Columbia for one week. 4′ / CANADA

A WALK THROUGH THE LAND OF A THOUSAND HILLS

CHEMA DOMENECH

Claver Ntoyinkima, a native park ranger, shares the secrets of Nyungwe National Park in Rwanda as he guides us through the rainforest.

11' / USA

DIVE

MATTHIAS HOENE

German cliff diver Anna Bader tackles the training, excitement and dangers of the sport; sending a powerful message about ocean pollution.

3' / USA

WINTER LAKE

PETTERI SAARIO

Every school vacation Emika and her cousin Antti go to the vast Saimaa Lake, an amazing nature reserve in Finland with thousands of islands.

15' / FINLAND

THE ENDLESS WAVE

TOM ATTWATER

For Jack Christiansen, the waterways of the Rockies present the perfect opportunity to reimagine the sport he grew up loving: surfing.

6' / USA

SILKS

JAMES FRYSTAK

Silks is a short film taking the art of an aerial silk performance and showcasing it in a way never seen before.

4' / CANADA

A NEW GENERATION OF WHITEWATER PADDLERS

KEITH DOUCETTE

Ken Whiting and his 9-year old daughter Chelsea run the Ottawa river and challenge the whitewater for the first time in separate kayaks.

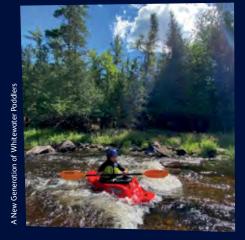
13' / CANADA

THE GREAT MILESTONE

IGNASI LÓPEZ FÀBREGAS

The destinies of two characters will intersect at a mountain summit, as they pursue their respective goals.

13' / SPAIN



MADMAN TRAILS OF BHUTAN

V O L V O

SCOTT SECCO

Wyn Masters, Cody Kelley and Florent Poilane travelled from three different continents to explore Bhutan by bike.

4' / CANADA

WAVES FOR CHANGE

JAMES HANCOCK

Surf therapy combines the therapeutic elements of the ocean with the adventure of surfing to impact physical and mental well being.

6' / UK

BETWEEN WALLS

JAKOB SCHWEIGHOFER, JOHANNES HOFFMANN & SIMON PLATZER

Johanna Bolanos Cabrera and Jasmijn Hanegraef grab their longboards and take the chance to downhill through this stunning scenery. Speed is what the girls are living for! 2' / AUSTRIA



ween Wall



FEATURE FILMS MOUNTAIN

WALL OF SHADOWS

ELIZA KUBARSKA

A Sherpa family break a taboo and climb the holiest of mountains to earn money for their son's education. They accompany an expedition to the East Wall of the Khumbakarna Mountain, which has never been climbed before. This is the story of an encounter between a young Sherpa boy and an experienced western mountaineer at the foot of the sacred mountain. Will they face the wrath of mountain Gods?

92' / POLAND

BECOMING A GUIDE

ALEXANDER HICK

Turning your hobby into a career. Two people, one goal: to become a state-certified Mountain Guide. The film follows Bianca and Finn, the two main characters, as they come to grips with the various skills required for mountain guiding and the challenges they present. Featuring interviews with well-known mountain guides who share their insight into the world of guiding.

88' / GERMANY





BREATHTAKING: K2 - THE WORLD'S MOST DANGEROUS MOUNTAIN

ADRIAN BALLINGER

More people have travelled to space than have summited K2, the world's 2nd highest peak - considered to be the Earth's most challenging climb. Breathtaking: K2 follows seasoned climbers Carla Perez and Adrian Ballinger as they attempt summiting "the savage mountain" without the aid of oxygen – an expedition fraught with challenges that threaten not only their chance to reach the top, but also their lives.

47' / USA

WHO'S ON TOP? LGBTQs SUMMIT MT. HOOD DEVIN FEI-FAN TAU

Stories from the LGBTQ community, including those with mountaineering experience, challenging stereotypes about gender & sexuality in the outdoor arena. They will tackle not only a mountain, but assumptions about who they are and how they belong to the world of outdoor adventure. A journey like no other, about what makes LGBTQ folks both distinct and connected, facing physical, mental & societal obstacles.

77' / USA

SUPERHOMBRE

LUCIAN MIRCU & MIRCEA GHERASE

In the spring of 2017, passionate 40 year old Romanian climber Horia Colibăşanu will set off again for Everest, after two failed attempts. For the first time, elite climber Horia tries a solo ascent, challenging human limits. He tries to balance his family and work life with his passion for mountains.

70' / ROMANIA





FEATURE FILMS

CLIMB

VALHALLA, ROCK SKY

DAVID LÓPEZ "CAMPE", KAREL DOWNSBROUGH, ESTEBAN LAHOZ & SERGI LATORRE

A film about the search for something unique in a remote and wild place. Edu Marín, his father and his brother, embark on an uncertain adventure. The determination of the Marín family to conquer the largest roof climb in the world is absolute; nothing and nobody can stop them. The great arc of Getu is the main backdrop for a story of joys, cries, unexpected obstacles, adverse weather, friendship and climbing.

53' / SPAIN

PRETTY STRONG

COLETTE MCINERNEY, JULIE ELLISON, LESLIE HITTMEIER

This film is about some of the best climbers in the world; some you know, some you don't; doing what they do best: hard rock climbs. Your palms will sweat from the dizzying heights, your imagination will expand with the breathtaking landscapes, and your motivation will soar from the determination and try-hard of these strong women. A climbing film about women, by women, and for everyone. 74' / USA

A DREAM OF EDWIN DRUMMOND

PAUL DIFFLEY

Ed Drummond was known for his poetic writings, bold first ascents and urban protest climbs, such as his ascent of Nelson's Column. He combined philosophy, talent and an individual approach to leave an immense legacy. The film makes use of archive material, reconstructions and animation to take you on a journey through the mind and climbs of one of the greatest characters to ever grace the $\ensuremath{\mathsf{UK}}$ climbing scene.

52' / UK

STONE LOCALS

PAUL DIFFLEY

Climbing has always been more than a sport. It has provided a way of life and a makeshift family to misfits who share a calling. As climbing grapples with its growing popularity, the people who anchor its core and community have more responsibility than ever. This film tells the stories of five of these anchors, the Stone Locals, who keep the soul of climbing and nurture it as the sport evolves. 52' / UK



FEATURE FILMS **SNOW**

BLINDFOLD

DANIEL FERNANDEZ - CAÑADAS

At the age of eight Jon Santacana was diagnosed with a degenerative disease that eventually left him without sight. Against all odds Jon has become one of history's best skiers, winning 6 Paralympic medals. Miguel Galindo has accompanied him during his brilliant 17-year career and has been his guide both on and off the slopes, accompanying him in this bromance that transcends myths of overcoming obstacles 70' / SPAIN

FOLLOW THE FORECAST

ALEXI GODBOUT & JEFF THOMAS

As snow sport enthusiasts, we live and die by the forecast. From diverse landscapes and unforgettable snowsports culture, to the moments that come with winter travel, Follow the Forecast chronicles The Blank Collective's winter adventures from their deepest days to date, from first-time mountaineering experiences to rolling the dice on new locations. Simply, it is as much about the chase, as it is the destination. 42' / CANADA

K2: THE IMPOSSIBLE DESCENT

SŁAWOMIR BATYRA

How a ski mountaineer from Poland rewrote history on K2. On 22 July 2018, Polish ski mountaineer Andrzej Bargiel clicked into his bindings at an altitude of 8,611m to make history. Follow his extraordinary epic expedition from Poland to Pakistan as he takes on the world's first descent of K2 on skis. Just how did he do it? 65' / POLAND



K2: The Impossible Descer



FEATURE FILMS BIKE

RESOLUTION RACE

CATHERINE DUNN

Four female endurance cyclists, two cargo bikes, six days, Edinburgh to Copenhagen. No vehicle support. What could possibly go wrong? In December 2019, The Adventure Syndicate set out to challenge body and mind. Resolution Race was not a race in the traditional sense, but a demonstration of how far collective resolve, collaboration and kindness can take us in the race to save our planet. 46' / UK

ONBOARD THE TRANSCONTINENTAL RACE

ANTONIN MICHAUD-SORET

At the sharp end it is a beautifully hard bicycle race, simple in design but complex in execution. But the Transcontinental Race is rarely a race against fellow competitors, nor against oneself. It is, primarily, a race FOR oneself.

The TCR is much more than a race, it's a complete experience. Filmed from 2016 to 2018, Onboard will immerse you in the unique experience that is the Transcontinental Race.

50' / FRANCE





FEATURE FILMS RUN

RUNNER

BILL GALLAGHER

When he was eight, Guor Mading Maker (known as Guor Marial) ran from capture in war-torn Sudan to eventually seek safety in the US. In his new life, Marial began running and qualified for the 2012 Olympics. He had to fight to compete independently, refusing to run for Sudan and taking a stand against its oppression. 'Runner' depicts Marial's difficult and triumphant journey from refugee to world-renowned athlete.

88' / USA

RUNNING THE ROOF

ALEXIS TYMON & BEN CROCKER

Three friends, bonded by a love of running, were desperate to ditch their desks and go on an adventure. They would spin a globe and wherever their finger landed, they would run. They spun. Tajikistan. This is what happens when you trust in nothing but your own two feet, to carry you across one of the last truly wild landscapes on earth. Self-doubt, self-discovery and a whole lot of mountains.

51' / UK

THE INFINITE RACE

BERNARDO RUIZ

A decade after the publication of Christopher McDougall's bestseller, Born to Run, the reclusive indigenous Tarahumara marathon runners of Northern Mexico still fight for their survival and to preserve their traditions. An in-depth portrait of the community's attempts to overcome extreme threats of nearby drug cartels and diminishing crops, focusing on the annual 50-mile race in Urique in 2015. 70' / USA





FEATURE FILMS EXPLORE

HUNZA SKI AND CULTURE IN PAKISTAN

ALEXIS BLAISE

The Hunza Valley is recognised as one of the most beautiful and wild in the world, and is home to the largest mountains. Follow three men as they immerse themselves in a unique culture, in a breathtaking environment, and explore the summits of the Karakoram region. The story of a fantastic adventure, discovering and sharing a one-of-a-kind culture and pushing limits to new heights.

52' / FRANCE

GITONGA

JOE BUNYAN

A Kenyan father rediscovers his love for hiking and sets out to follow his dream of becoming the first black Kenyan to climb Mount Everest. This is the beautiful and emotional story of an extraordinary man who explores what it means to be a hiker, a father, and a human being. A man on a mission to inspire his son, his nation and the world to follow their dreams and do what 'makes their heart dance'.

47' / UK

NAVIGATING THRU

LINDSAY TAYLOR JACKSON

Every year thousands of people attempt a thru-hike of the Appalachian Trail, but only one in four will be successful. We discover what it takes to become "the 25% of the 25%" as, of those who are successful, just 25% are women. Navigating THRU explores the everyday struggles any thruhiker faces as well as what it mean to be a woman on and off the trail.

SURVIVING THE OUTBACK

MICHAEL ATKINSON

Could you escape alone across the remote outback for a whole month, trekking and sailing on a makeshift raft, with nothing but a time capsule of stuff from 1932? Michael Atkinson tried with no backup crew or communication with the outside world, hoping his skills as a survival instructor, adventurer and military pilot would help him survive long enough to traverse the most stunning landscape in Australia.

57' / AUSTRALIA











SW!M

SABIN DOROHOL

WATER

Romanian librarian Avram Iancu swims the entire length of the Danube river in Europe without neoprene suit, for the first time in the world. An extraordinary adventure to push the human limits over the edge, mixed with comedy, drama and tear jerking moments. 52' / ROMANIA

UNDERCURRENTS

BRONWYN HARVEY & CHRISTINA BALDWIN

Bringing in ideas from the Blue Mind movement and the science of mindfulness and flow, we explore our relationship to the sea and find out what happens when we pursue what we love. Insights from four characters are woven together to create an oceanic journey that aims to discover what happens when you follow your passions. "See how your life fits into the sea or how the sea fits into your life... 46' / UK

SELMA

MACIEK JABŁOŃSKI

In April 2014 eleven crew members took on the heroic challenge of reaching The Bay of Whales in the Antarctic. They spent almost four months crammed in their small yacht in order to reach the Southernmost place on the marine map of the world. It's a story about big personalities, crossing borders and determination, and one of the very last Everest-like achievements to be made by humanity. 92' / POLAND





FEATURE FILMS AIR

THE ENDLESS CHAIN

BENJAMIN JORDAN

Since signing up for a paragliding course 14 years ago, Benjamin Jordan had dreamt of completing an unpowered aerial journey straight up the spine of the Canadian Rockies. Join this unprecedented aerial and mountain adventure as you soar across British Columbia and Alberta's most impressive mountains. Jordan reveals the inner struggle, mindset and motivation required to push forward in the face of such a risk.

57' / CANADA

PATAGONIA WINGS

CHRISTOPHE RAYLAT

Sylvain Tesson is a well-known French author and also an adventurer and mountaineer. He travels with an expedition of the Groupe Militaire de Haute Montagne (GMHM) to Patagonia to attempt the first paraalpinism jump from the Fitz Roy massif. Para-alpinism is similar to BASE jumping, but integrates alpine climbing into the equation. Tesson tells the story of this spectacular adventure.

52' / FRANCE

FLY SPITI

BENOIT DELFOSSE

Multiple world record holder Thomas de Dorlodot leads Horacio Llorens - six times aerobatic world champion - to find out why almost nobody tries to fly in the Spiti Valley, where mountains skim skies with their 6500m high glaciated peaks. Arid, dry and rocky landscapes produce violent aerial conditions. Despite risks, the pilots take us on an exhilarating scenic discovery of this unique valley and the sky beyond. 56' / BELGIUM





FEATURE FILMS NURTURE NATURE

THE CULL - SCOTLAND'S DEER DILEMMA **TED SIMPSON**

There are estimated to be over 350,000 red deer in Scotland, which has a massive impact on the landscape and ecosystem of the Highlands. 'The Cull' explores the different approaches to deer management taken by landowners and managers, and the reasons behind those differing approaches. Talking to people from all over Scotland and on all sides of the debate, the film presents the issues as seen by real people on the ground.

KISS THE GROUND

JOSH TICKELL & REBECCA TICKELL

Narrated by Woody Harrelson, Kiss the Ground reveals that, by regenerating the world's soils, we can completely and rapidly stabilise Earth's climate, restore lost ecosystems and create abundant food supplies. Using compelling graphics and visuals, along with striking NASA and NOAA footage, the film illustrates how, by drawing down atmospheric carbon, soil is the missing piece of the climate puzzle.

85' / USA

58' / UK

INTO THE STORM

ADAM BROWN

A troubled teenager from the barrios of Lima tries to realise his dream of becoming a pro surfer and to raise his family out of poverty. Taken under the wing of a former world champion, he flourishes. But barrio life proves hard to escape and he is caught up in a drive-by shooting. Isolated and lonely, he hears his dad is due to be released from prison. He is torn between a desperate need for his father's love and support, and the bad memories he has from when he was young.

WINGS OF KYRGYZSTAN

SOPHIE DIA PEGRUM

As much a song poem as a film, "Wings of Kyrgyzstan" is a kaleidoscope of life in the magnificent high steppe of Kyrgyzstan, where alongside the mythology of the horse, the harsh realities of subsistence life in remote regions causes tension and heartache. The rhythm Local people share their personal stories and aspirations, enhanced by the haunting music of the traditional folk ensemble Ordo Sakhna.

75' / USA

FEATURE FILMS HUMAN SPIRIT

PIANO TO ZANSKAR

MICHAL SULIMA

Aided by a team of local Sherpas, as well as yaks and ponies, Desmond and his assistants are tested to the limit, physically and psychologically, as they cross sheer mountain passes of breathtaking beauty. If successful, the expedition will be the highest piano delivery in the world. More importantly, it will be the ultimate gesture of music's universal power to inspire strength and bring joy.

86' / UK

IRAN: TEACHING AMONG THE NOMADS

Hoomayun, a young Iranian schoolteacher, accompanies a family of nomadic herdsmen the Bakthyaris on the spring transhumance. In the evenings he gives the children lessons to prepare them for a job in the city. The journey is a real race against the cold and wind. An intimate and poetic look at this little-known people and a lifestyle which is doomed to disappear.

52' / FRANCE

LOST AT SEA

JOHNNY BURKE

An epic tale of the ocean as Louis Bird examines the life and death of his father, Peter Bird, a forgotten British sporting hero who was the first person to row the Pacific single-handed in 1983. On a 1996 voyage he disappeared aged 49, his empty boat recovered, but Peter was never found. We follow Louis and his mother as they come to terms with feelings of loss and abandonment.

48' / UK

SONGS OF THE WATER SPIRITS

NICOLÒ BONGIORNO

Ladakh is an Indian region that is facing a deep process of transformation and cultural regeneration, constantly oscillating between its vocation of being a land of arcane and mystical traditions and uncontrolled progress that is destructive for the environment and is alienating its inhabitants. Can we, as westerners, learn from this social, economical and cultural lab that is today Ladakh?

100' / ITALY

HUMAN SPIRIT DOUBLE BILL (UK ONLY)

This double bill features two of our most beautiful films exploring the human spirit. In these two stories, a compassionate duo support each other, against the odds, to look after the world around them.

An exclusive programme for our UK audiences (due to distribution rights), we hope you love these stories as much as we did. Sink in and be immersed in these curious worlds.

THEN COMES THE **EVENING**

MAJA NOVAKOVIĆ

Depicting the lives of two grandmothers living in eastern Bosnia. Nature is the entity that they speak and listen to, and respect. The film reflects the simplicity and purity of their way of life, as well as their painstaking work. Everyday life in the countryside shows the caring and intimacy of these grandmothers, both in their mutual relations and in their relationship with nature.

28' / SERBIA

THE LOVE BUGS

ALISON OTTO & MARIA CLINTON

For over 60 years two married entomologists travelled across the world and quietly amassed the world's largest private collection of insects; over a million specimens. As they grapple with their twilight years, they decide to give the collection away. This humorous and poignant documentary explores the love of Nature - and the Nature of Love - and what it means to devote oneself completely to both. 34' / USA





FEATURE FILMS **OUTSIDE THINKERS**

STALKING CHERNOBYL: **EXPLORATION AFTER APOCALYPSE**

57' / USA

Three decades after the world's most infamous nuclear disaster, illegal hiking adventurers, extreme sports afficionados, artists and tour companies have begun to explore anew this mysterious, ghostly landscape. As survivors continue to reckon with the government's attempts to cover up the extent of the disaster, the Chernobyl site has turned into a bizarre tourist attraction.

GHIACCIO: SWEEPING LIVES

TOMASO CLAVARINO

Asylum seekers Kebba, James, Edward, Seedia, Lamin and Joseph live in Val Pellice, Italy. They are running from conflicts and threats, and now find themselves waiting to know if they will be sent back home, or if they may be able to build a new life in Italy. They share the limbo in which they are forced to live, but also a common dream: the first ever curling team composed of asylum seekers, Team Africa. 70' / ITALY

WALLED CITIZEN

SAMEER QUMSIYEH

Over three years, Sameer Qumsiyeh travels with his personal camera from Palestine to Europe to the Canary Islands and Ecuador documenting his encounters with other freedom seekers, wanderers, refugees, immigrants, indigenous communities and nomads. All of whom are facing the physical and non-physical borders, barriers and walls that are erected between people in our modern time.

79' / PALESTINE



FEATURE FILMS **UPRISING**

THAT'S WILD

MICHIEL THOMAS

The award-winning feature documentary That's Wild tells the inspiring journey of Cliff (16), Ahmani (13) and Nicholas (13), three teenage boys from Atlanta. They sign up for an after-school programme, Wilderness Works, and find themselves attempting to climb four 12,000 ft snowcapped peaks in the heart of the Colorado wilderness, all while overcoming their own personal mountains. 63' / USA

THE NEXT 8 SECONDS

JEFF CHAMBERS

'The Next 8 Seconds' chronicles the life and career of Neil Holmes, an African American bull rider, as he talks about his journey from childhood struggles to college graduate turned professional bull rider. Facing adversity, racial discrimination as well as countless life and death experiences, Neil becomes one of the best professional bull riders in a sport traditionally known for white riders. 60' / USA

WOOD ON WATER

HANNAH MAIA

A traditional, slow, strenuous and all female adventure. Forty days spent canoe tripping in the Canadian wilderness with twelve young women, nine of whom are teenagers. There's only one thing we know for sure, these girls won't see each other at best. Think bug-bitten, cold and boob-deep in muskeg bog while carrying an incredibly heavy canoe on their heads. A counter-cultural summer spent exploring their physical surroundings and inner selves free from mainstream society's expectations.

45' / UK



THE INTERNATIONAL FILM COMPETITION

The Festival aims to show the very best in outdoor film, across the broadest spectrum.

Films are judged against twelve competitive categories including prizes for genre and creative excellence, by a panel of film and outdoor experts, and in the case of the People's Choice, the audience itself. A trophy sculpted by Andy Parkin and cash prizes will be awarded to the best films in the categories.



2019 WINNERS

Grand Prize Climbing Blind

Judges Special Prize Hurdle

Best Creative Film

One Breath Around The World Change Maker Award

Forest Floor **Best Short Film**

Fear Of The Unknown

Best Environmental Film

Scenes From A Dry City

Best Adventure &

Best Mountain Film

The Last Mountain

Best Action Sport Dream Job

Little Miss Sumo

People's Choice

Best Community & Culture

Best Climbing The Big Bang

The Home For Broken Toys

Exploration Film

Home

THE JURY



KEME NZEREM

Keme is a keen outdoorsman, British Journalist and is best known from his work as a news anchor and reporter at Channel 4 News. He's been the Chair of the Jury for the last five years and we're delighted he's back again!



JONATHAN HOURIGAN

Jonathan Hourigan was educated at University College Oxford and the National Film and Television School, He has directed a feature film and short films, has written a number of screenplays, is a script consultant and film educator. He is currently Course Leader MA Screenwriting and Head of Screenwriting at London Film School.



MARY ANN-OCHOTA

Mary-Ann is a broadcaster and writer who specialises in anthropology and archaeology. Her work in TV and radio has taken her to the high plateaus of Tibet, the deserts of Australia and the slums of Dhaka. She's a strong supporter of equitable access to the outdoors, and knows the importance of outdoor experiences on wellbeing.



CHARLIE DARK

Charlie Dark is a DJ, creative influencer and poet from East London. He founded Run Dem Crew in 2007, an alternative running club made up of creative minds that meet to exchange ideas, explore the urban landscape and move. Run Dem Crew works closely with young people across London providing mentoring and advice.



JOE PLENDERLEITH

A Cumbrian local, Joe is 18, and in his second year of curating with Kendal as part of the British Film Institute funded Young Programmers initiative. Born in Tasmania, Joe thrives when spending time outdoors. Being part of the Youth Programmers allowed him to delve deeper into his interest of film and gave him the opportunity of meeting & interviewing some world-renowned videographers.

HAVE YOUR SAY! PEOPLE'S CHOICE AWARD

For filmmakers, the People's Choice film prize is a big deal. It is direct confirmation, from the people who matter – you, the audience - that their film is your favourite.

To vote, first watch one of our many film collections or feature films available on-demand throughout the Festival, then hit the "vote" button under the player. Fill out the online form rating the films you saw from 1 to 5.

Votes close Thursday 31st December 2020.

Votes are checked against accounts, any incomplete, invalid or duplicate votes will not be counted.

The winner will be announced in the new year across our media channels, so watch this space.

DANNER PRESENTS THE KENDAL FILM AWARDS





SUNDAY 29 NOVEMBER

Our 'Oscars' of mountain film. Hosted by Jury Chairman Keme Nzerem and our panel of judges, we will reveal the winners of Kendal's prestigious film prizes.

For the first time, our Awards will take place entirely online, which means everyone can be there – join us, be part of the buzz, and meet the winning athletes and filmmakers at this free event!





KENDAL MOUNTAIN LITERATURE FESTIVAL ONLINE

EXPLORING CREATIVITY AND CONNECTION IN LANDSCAPE, NATURE, PEOPLE AND PLACE

WITH THANKS TO OUR PARTNERS

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WELCOME TO KENDAL MOUNTAIN LITERATURE FESTIVAL

This year's Festival theme is centred around 'nurture'. Our connection with the natural world is more than a luxury: it is vital to our hearts, lives and health. The stories we tell can shape the future, politically as well as emotionally, for the better. To communicate with nature and landscape in a way that keeps us rooted and adventurous whilst caring and protecting.

Our Literature Festival Director, Paul Scully says, "Our Festival is a place where we can reflect on our relationships with nature, landscape, society and to each other. A space where people are challenged to be receptive to different ways of thinking, feeling, and behaving. We hope you are able to join us, no matter who you are, in this wonderful community of ideas, words and wanderings."

Join us on a journey around the world through this year's best writing exploring landscape, nature, people and place. Our hosts will be in conversation with some of the biggest names in outdoor writing from our studio here in Kendal. We will take you from Cumbrian valleys to Icelandic glaciers, from Britain's magical landscape to the foothills and summits of the Himalayas and beyond. And we never leave the dog behind....

A new voice in mountain and outdoor literature, 'Open Mountain' returns for its second year. Following a call out for submissions, we will be presenting selected pieces of written work as chosen by our judges. A panel led discussion with performance prose and poetry, our event will showcase people under-represented in the outdoors.

With over 30 events, journey with us in this wonderful community of writing, wanderings and wonder from the comfort of your armchair. Look forward to seeing you there!

Let us also take this opportunity to thank our patron, Robert Macfarlane for his unwavering support – we're delighted he will be joining us for a special free event on *The Lost Spells*.

Thanks also to our presenting partner Danner, and our support partners Woolpower, George Fisher, John Muir Trust and Tree Top Trek.

PROUDLY PRESENTED BY

SUPPORTED BY









LITERATURE PASSES & TICKETS

A full Literature pass (£37.50) will give you access to all of the events over the following pages (except for the Nature Writing Workshop). Individual events are priced at £5.50. Available to watch n demand until 31 December.

FREE EVENTS

We're thrilled to bring you three FREE events:
Open Mountain: Space And Isolation
The Lost Spells with Robert Macfarlane and Jackie Morris
Dara McAnulty's Diary Of A Young Naturalist





OPEN MOUNTAIN

PROUDLY SUPPORTED BY THE JOHN MUIR TRUST

Open Mountain is a new voice in mountain and outdoor literature. A panel discussion with performance prose and poetry, our event showcases people under-represented in the outdoors.

The first Open Mountain event 'inclusion and connection' was held at Kendal Mountain Literature Festival, 2019. Created out of a discussion with the poet Kate Davis we then developed it with the help of poet Polly Atkin and writer Anita Sethi. We sought submissions from people who consider themselves under-represented in mountain and outdoor literature, asking for responses to some questions about how they felt about the outdoors and nature writing.

We were overwhelmed and deeply impressed by the breadth, range, and quality of work submitted, and wished we could include more of it.

We were delighted to invite to the stage: CMarie Fuhrman - co-editor of Native Voices, an anthology of Native American poetry, writer Claudine Tuotuongi, poet Asim Khan, walking guide and writer Ange Harker and author Kate Davies.

VIRTUALLY **OPEN MOUNTAIN: SPACE & ISOLATION**

Open Mountain as a project is focused on inclusion in and connection with wild places, and on redefining mountain literatures and cultures to include voices and experiences often excluded or invalidated.

This year the phrase Open Mountain has taken on other connotations. The pandemic has thrown into sharp relief existing inequalities, including inequalities in access to green spaces and wild places, and access to literature and cultures around them.

The barriers to access that can block marginalised people from the mountains were expanded by lockdowns and shelter-in-place orders. In some places only those who live and work in and amongst the mountains could access them, whose experiences of rural life and work are rarely heard. Some people locked-down in urban centres found themselves with no access to green spaces at all, whilst others have found new joy in their local surroundings. Some people found themselves disallowed from leaving their homes. Some people found their homes were unsafe. Some people have been forced to take to the streets to ask for protection for Black lives. Some people have been forced to isolate completely to try and protect their lives. People have been forced to choose between isolation and togetherness: to second-guess which is most dangerous, which is most safe.

We want to open conversations about how we live with and in places in extraordinary as well as normal circumstances. We want to question what normal is, and what it could be.

Isle of the Dead by Asim Khan

by night birmingham is my apocalypse an isle to rising seas breached by the surf of floating copses conifers whispering this heat is bleak

in these lone walks through its quiet ends come the prayers to gods of the triassic moist breaths that seep from concrete coffins filled with microplastics and desiccated leaves

is this the path of carbon hunger the itch of unresolved anxiety smoke that splits bridges reverberations passed through sacrum and sternum

is this streetlight solipsism that undresses political sutures // a landscape that both stings my colour and sings my annihilation //

birmingham by morning my revelation a chorus of invisible birds through refrains of visible winds



Asim Khan at our 2019 event

People need to be able to recognise themselves in narratives about places to find a place in them, and to believe they can have a place in and with them.

Open Mountain hopes to show what is already there, but often not seen: the rich and various connections people have with mountains and wild landscapes, and the rich and various worlds they find within them.

We hope you will join us.

This is a free event taking place live on Saturday 28th November at 1pm.





Vladimir Biryukov, the president of the Siberian Piano Tuners Association and head tuner at the Novosibirsk hilharmonic, with a Steinway grand © Michael Turek



JENNY TOUGH TOUGH WOMEN ADVENTURE STORIES 19.00 - 20.00 THURSDAY 19 NOVEMBER

The badass adventurers in this collection are all fearless, intelligent, compassionate and curious about the world – and they all happen to be female. Let yourself be inspired by their stories of grit, courage, determination, triumph and heartbreak.



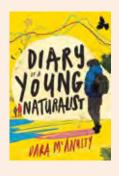
RAYNOR WINN THE WILD SILENCE 20.30 - 21.30 FRIDAY 20 NOVEMBER

Raynor Winn shares her luminous story of hope triumphing over despair, of the human spirit's instinctive connection to nature, and of lifelong love prevailing over everything. After walking 630 miles homeless along The Salt Path, returning to normality is proving difficult - until an incredible gesture by someone who reads their story changes everything: A chance to breathe life back into a beautiful but neglected farmhouse nestled deep in the Cornish hills; rewilding the land and returning nature to its hedgerows becomes their new path.



ANITA SETHI (SOLD OUT) NATURE WRITING WORKSHOP 10.00 - 12.00 SATURDAY 21 NOVEMBER

This session will introduce you to nature writing, with tutor Anita Sethi. You'll explore how to observe and describe the natural world. The relationship between people and place, landscape, wildlife, climate change, natural history and more can all be explored within nature writing. Anita Sethi is an award-winning writer, journalist and critic.



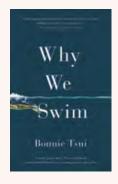
DARA MCANULTY DIARY OF A YOUNG NATURALIST 13.00 - 14.00 SATURDAY 21 NOVEMBER

Winner of the 2020 Wainwright Prize, Diary of a Young Naturalist chronicles the turning of Dara McAnulty's world, from spring to summer, autumn to winter, on his home patch, at school, in the wild and in his head. Evocative, raw and beautifully written, this very special book vividly explores the natural world from the perspective of an autistic teenager juggling homework, exams and friendships alongside his life as a conservationist and environmental activist.



SOPHY ROBERTS THE LOST PIANOS OF SIBERIA 14.30 - 15.30 SATURDAY 21 NOVEMBER

Join Sophy Roberts on an adventurous, moving and revealing exploration of the Siberian landscape blended with humanity, music and memories. Siberia's story is traditionally one of exiles, penal colonies and unmarked graves. Yet there is another tale to tell. Dotted throughout this remote land are pianos - grand instruments created during the boom years of the nineteenth century, and humble, Sovietmade uprights that found their way into equally modest homes. They tell the story of how, ever since entering Russian culture under the influence of Catherine the Great, piano music has run through the country like blood..



BONNIE TSUI WHY WE SWIM

16.30 - 17.30 SATURDAY 21 NOVEMBER

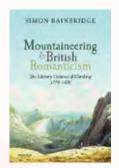
Our evolutionary ancestors swam for survival. Now we swim in freezing Arctic waters, wide channels, and piranha-infested rivers just because they are there. Swimming is an introspective and quiet sport in a chaotic age. It is therapeutic for those who are injured and it is one route to that elusive, ecstatic state of Flow. Propelled by stories of polar swim champions, a Baghdad swim club, Olympian athletes, modern-day samurai swimmers and even an Icelandic fisherman who improbably survived a six-hour swim in the wintry Atlantic, Why We Swim takes us around the globe in a remarkable, all-encompassing account of the world of swimming...



BOARDMAN TASKER AWARD FOR MOUNTAIN LITERATURE 19.00 - 21.00 SATURDAY 21 NOVEMBER

Established in 1983 to commemorate the lives of Peter Boardman and Joe Tasker, the Boardman Tasker Charitable Trust celebrates their legacy by presenting the annual Award for Mountain Literature, presented to the author of an original work, which has made an outstanding contribution to mountain literature. Hosted by Stephen Venables with readings from the authors, and the announcement of the winner by the Chair of Judges Katie Ives. For more detail on the Boardman Tasker Award, see page 68.





SIMON BAINBRIDGE MOUNTAINEERING AND **BRITISH ROMANTICISM** 11.30 - 12.30 SUNDAY 22 NOVEMBER

Cumbria was a key location in the invention of mountaineering in the late eighteenth and early nineteenth centuries. In this session, Simon Bainbridge will discuss the early evolution of mountaineering in the Lakes, drawing on the research in his new book Mountaineering and British Romanticism: The Literary Cultures of Climbing, 1770-1836. Simon discusses the growing popularity of mountain climbing in the period, the role of the poets Coleridge and Wordsworth in the development of mountaineering, and the pioneering exploits of female climbers including Dorothy Wordsworth, Ellen Weeton and the Smith sisters of Coniston.



STEPHEN FABES SIGNS OF LIFE: TO THE ENDS OF THE EARTH WITH A DOCTOR 13.00 - 14.00 SUNDAY 22 NOVEMBER

Stephen Fabes, a medical doctor, recounts his cycle around the world and speaks about how societies treat their most vulnerable, in this thought-provoking and witty medical odyssey. As Stephen crossed continents – on α journey that would take six years and cover more than 53,000 miles – he finds people whose health has suffered through exile, stigma, or circumstance and others, whose lives have been saved through kindness and community.



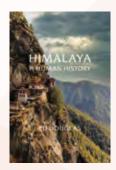
JESSICA J. LEE, DASOM YANG & PEMA MONAGHAN THE WILLOWHERB REVIEW 14.30 - 15.30 SUNDAY 22 NOVEMBER

The Willowherb Review is a ground breaking literary journal dedicated to diversity in nature writing, publishing emerging & established writers of colour. We are delighted to welcome back the founding editor, Jessica J. Lee and contributors Dasom Yang and Pema Monaghan to showcase their exciting new work. Dasom Yang is a writer and translator from South Korea, now living in Berlin, she studied creative writing in Ohio and Dublin. Pema Monaghan is a Tibetan-Australian writer and journalist living in London.



PETER GOULDING SLATEHEAD: THE ASCENT OF BRITAIN'S SLATE-CLIMBING SCENE 16.00 - 17.00 SUNDAY 22 NOVEMBER

Part creative non-fiction, part memoir, part sports documentary, Slatehead is set in both Thatcher's Britain and the present day. It conveys not only a climber's passion for the quick-drying slate slopes but also his love for his friends and the punks who first created the climbs. The slate quarries were walking distance; they'd have a smoke, a party in an abandoned hut, try and climb something. A small culture emerged of punks, nutters, artists and petty thieves, crawling up abandoned rock, then heading to the disco at the Dolbadarn. These were the Slateheads.



ED DOUGLAS HIMALAYA: A HUMAN HISTORY 17.30 - 18.30 SUNDAY 22 NOVEMBER

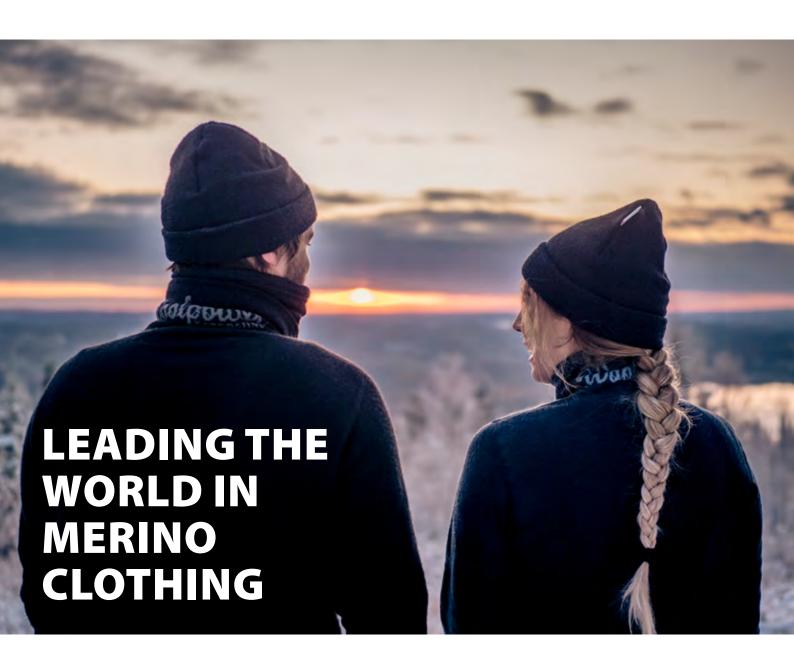
This is the first major history of the Himalaya: an epic story of peoples, cultures and adventures among the world's highest mountains. Spanning millennia, from its earliest inhabitants to the present conflicts over Tibet and Everest, Himalaya is a soaring account of resilience and conquest, discovery and plunder, oppression and enlightenment at the 'roof of the world'.



AIMEE NEZHUKUMATATHIL WORLD OF WONDERS: IN PRAISE OF FIREFLIES, WHALE SHARKS, AND OTHER ASTONISHMENTS 19.00 - 20.00 SUNDAY 22 NOVEMBER

As a child, Aimee Nezhukumatathil called many places home: the grounds of a Kansas mental institution, where her Filipina mother was a doctor; the open skies and tall mountains of Arizona, where she hiked with her Indian father: and the chillier climes of western New York and Ohio. But no matter where she was transplanted, she was able to turn to our world's fierce and funny creatures for guidance. Even in the strange and the unlovely, Nezhukumatathil finds beauty and kinship.





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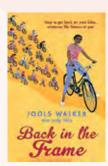






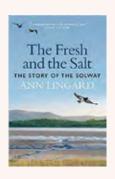
SHARON BLACKIE FOXFIRE, WOLFSKIN AND OTHER STORIES OF SHAPE-SHIFTING WOMEN 20.30 - 21.30 SUNDAY 22 NOVEMBER

Charged with drama and beauty this memorable collection weaves a magical world of possibility and power from female myths of physical renewal creation and change. An extraordinary immersion into the bodies and voices, mindscapes and landscapes, of the shape-shifting women of our native folklore. Drawing on myth and fairy tales found across Europe – from Croatia to Sweden, Ireland to Russia – Sharon Blackie brings to life women's remarkable ability to transform themselves in the face of seemingly impossible circumstances.



JOOLS WALKER BACK IN THE FRAME 19.00 - 20.00 TUESDAY 24 NOVEMBER

Jools Walker re-discovered cycling aged twentyeight after a ten-year absence from the saddle. When she started blogging about her cycle adventures under the alias Lady Vélo, a whole world was opened up to her. Shortly after getting back on two wheels, Jools was diagnosed with depression and then, in her early thirties, hit by a mini-stroke. Yet, through all of these punctures, one constant remained: Jools' love of cycling. In Back in the Frame Jools talks to the other female trailblazers who are disrupting the cycling narrative as well as telling the story of how she overcame her health problems, learned how to cycle her own path and even found a love of Lycra shorts along the way.



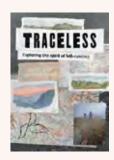
ANN LINGARD THE FRESH AND THE SALT 19.00 - 20.00 MONDAY 23 NOVEMBER

Firths and estuaries are liminal places, where land meets sea and tides meet freshwater. The Solway Firth – the crooked finger of water that both unites and divides Scotland and England – is a beautiful yet unpredictable place and one of the least-industrialised natural large estuaries in Europe. Its history, geology and turbulent character have long affected the way its inhabitants, both human and non-human, have learnt to live along and within its everchanging margins.



LAURENCE ROSE FRAMING NATURE: CONSERVATION AND CULTURE 20.30 - 21.30 TUESDAY 24 NOVEMBER

Conservationist Laurence Rose spent two years exploring the cultural roots of our relationship with nature in order to map out its future. From the white-tailed eagles of Orkney and Mull to the world of ants and crickets on the southern heaths, he describes his encounters with wildlife in exquisite language and vivid detail. A book about the complexity and vulnerability of nature, and the unexpected connections between people and wildlife.



GEOFF COX & HEATHER DAWE TRACELESS - BOOK LAUNCH 20.30 - 21.30 MONDAY 23 NOVEMBER

Inspired by the concept of the Gerry Charnley Round and its journey over the Lakeland fells, runners Geoff Cox and Heather Dawe have each spent time recceeing and running the route. Poets, writers and artists as well as fell runners, Traceless is a collaboration between them that celebrates their love for the fells and how spending time in them inspires them creatively. The ethos of the Round is on selfsufficiency and leaving no trace – the runner is encouraged to plan their own route to visit all the checkpoints, then navigate that route, creating their own line from multiple route choices.

Pictured above: Langdale, by Heather Dawe.

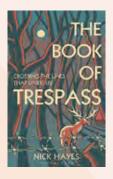


BERNADETTE McDONALD WINTER 8000

19.00 - 20.00 WEDNESDAY 25 NOVEMBER

Of all the games mountaineers play on the world's high mountains, the hardest – and cruellest – is climbing the fourteen peaks over 8,000 metres in the bitter cold of winter. Ferocious winds, freezing temperatures, weeks of psychological torment: these are adventures for those with an iron will and a ruthless determination. Award-winning author Bernadette McDonald tells the story of how Poland's ice warriors made winter their own, perfecting what they dubbed 'the art of suffering' as they fought their way to the summit of Everest in the winter of 1980 – the first 8,000-metre peak they climbed this way but by no means their last.





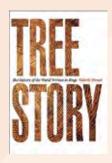
NICK HAYES THE BOOK OF TRESPASS 20.30 - 21.30 WEDNESDAY 25 NOVEMBER

The vast majority of our country is entirely unknown to us because we are banned from setting foot on it. By law of trespass, we are excluded from 92 per cent of the land and 97 per cent of its waterways, blocked by walls whose legitimacy is rarely questioned. But behind them lies a story of enclosure, exploitation and dispossession of public rights whose effects last to this day. Join Nick Hayes on a series of ramblings and sketchings around England whilst highlighting the fact that there is no way enough footpaths.



HELEN MORT NEVER LEAVE THE DOG BEHIND 19.00 - 20.00 FRIDAY 27 NOVEMBER

Helen Mort sets out to understand the singular relationship between dogs, mountains and the people who love them. Along the way, she meets search and rescue dogs, interviews climbers and spends time on the hills with hounds. The book is also a personal memoir, telling the author's own story of falling in love with a whippet called Bell during a transformative year in the Lake District. A compelling account of mountain adventures and misadventures, and the unbridled joy of heading to the hills with a four-legged friend.



VALERIE TROUET TREE STORY

19.00 - 20.00 THURSDAY 26 NOVEMBER

Children around the world know that to tell how old a tree is, you count its rings. Few people, however, know that research into tree rings has also made amazing contributions to our understanding of Earth's climate history and its influences on human civilization over the past 2,000 years. In her captivating new book, Valerie Trouet shows readers how the seemingly simple and relatively familiar concept of counting tree rings has inspired far-reaching scientific breakthroughs that illuminate the complex interactions between nature and people.



ANDRI SNÆR MAGNASON ON TIME AND WATER 20.30 - 21.30 FRIDAY 27 NOVEMBER

Icelandic author and activist Andri Snær Magnason's 'Letter to the Future', an extraordinary and moving eulogy for the lost Okjökull glacier, made global news and was shared by millions. In *On Time and Water* he attempts to come to terms with the issues we all face: writing of the melting glaciers, the rising seas and acidity changes that haven't been seen for 50 million years. Taking a path to climate science through ancient myths about sacred cows, stories of ancestors and relatives and interviews with the Dalai Lama, Magnason allows himself to be both personal and scientific. The result is an absorbing mixture of travel, history, science and philosoph.



ED CAESAR THE MOTH AND THE MOUNTAIN 20.30 - 21.30 THURSDAY 26 NOVEMBER

In the 1930s, as official government expeditions set their sights on conquering Everest, a little-known World War I veteran named Maurice Wilson conceived his own crazy, beautiful plan: he would fly a Gipsy Moth aeroplane from England to Everest, crash land on its lower slopes, then become the first person to reach its summit - all utterly alone. Wilson didn't know how to climb. He barely knew how to fly. But he had pluck, daring and a vision - he wanted to be the first man to stand on top of the world. An unforgettable story about the power of the human spirit in the face of adversity.



ABIGAIL MELTON & LILITH COOPER GEARS FOR QUEERS

11.30 - 12.30 SATURDAY 28 NOVEMBER

Keen to see some of Europe, partners Abi (she/her) and Lili (they/them) get on their bikes and start pedalling. Along flat fens and up Swiss Alps, they will meet new friends and exorcise old demons as they push their bodies – and their relationship – to the limit.

Abi and Lili, are a queer couple who write, make zines, do art and ride bikes. *Gears for Queers* is their first book – born out of a series of zines from their first tour.





Black Combe © David Banning



2019 contributor Claudine Tuotuongi

OPEN MOUNTAIN: SPACE AND ISOLATION 13.00 - 14.30 SATURDAY 28 NOVEMBER

Welcome to the 2nd Open Mountain: a new voice in mountain and outdoor literature. Join us for a panel discussion with performance prose and poetry, showcasing people underrepresented in the outdoors.

Following our open call for submissions, we will be presenting selected pieces of written work as selected by our judges: poets Polly Atkin and Kate Davis and author and journalist Anita

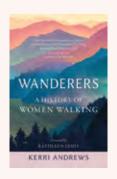
Keep an eye on the Kendal Mountain Literature Festival social media for the announcement of this year's contributors.



LUCY JONES LOSING EDEN: WHY OUR MINDS **NEED THE WILD**

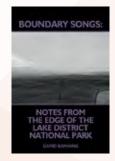
20.30 - 21.30 SATURDAY 28 NOVEMBER

Losing Eden is an enthralling journey through new research, exploring how and why connecting with the living world can so drastically affect our health. Travelling from forest schools in East London to the Svalbard Global Seed Vault via primeval woodlands and Californian laboratories, Jones takes us to the cutting edge of human biology, neuroscience and psychology, and discovers new ways of understanding our increasingly dysfunctional relationship with the earth. A rallying cry for a wilder way of life – for finding asylum in the soil and joy in the trees – which might just help us to save the living planet, as well as ourselves.



KERRI ANDREWS WANDERERS: A HISTORY OF WOMEN WALKING 16.00 - 17.00 SATURDAY 28 NOVEMBER

A book about ten women who, over the past three hundred years, have found walking essential to their sense of themselves, as people and as writers. In a series of intimate, incisive portraits, Wanderers traces their footsteps, from eighteenth-century parson's daughter Elizabeth Carter – who desired nothing more than to be taken for a vagabond in the wilds of southern England – to modern walker-writers such as Nan Shepherd and Cheryl Strayed. A beguiling, alternative view of the history of walking, Wanderers guides us through the different ways of seeing – of being – articulated by these ten pathfinding women.



DAVID BANNING

BOUNDARY SONGS: NOTES FROM THE EDGES OF THE LAKE DISTRICT NATIONAL PARK

13.00 - 14.00 SUNDAY 29 NOVEMBER

On the fringes of England's largest national park, an alternative vision emerges. In late 2017, a walk around the boundary of the Lake District uncovers a hidden landscape consumed by ghosts of nostalgia. Roughly 160 miles where it's never quite clear where the muddy paths and coastal ridges will lead. Stumbling upon industry as theme park on the border between urban and rural. Welcome to a different 'place to be', where the pastoral and sublime rub shoulders with nuclear and second home syndrome – on the edges of Brexit...



JINI REDDY WANDERLAND: A SEARCH FOR MAGIC IN THE LANDSCAPE 19.00 - 20.00 SATURDAY 28 NOVEMBER

Alone on a remote mountaintop one dark night, a woman hears a mysterious voice. Propelled by the memory and after years of dreaming about it, Jini Reddy dares to delve into the 'wanderlands' of Britain, heading off in search of the magical in the landscape. Whether following a 'cult' map to a hidden well that refuses to reveal itself, attempting to persuade a labyrinth to spill its secrets, embarking on a coast-to-coast pilgrimage or searching for a mystical land temple, Jini depicts a whimsical, natural Britain.



HAG: FORGOTTEN FOLK TALES RETOLD

14.30 - 15.30 SUNDAY 29 NOVEMBER

In this special event we listen to forgotten folk tales spellbindingly reimagined by some of the best contemporary female writers around. Natasha Carthew, Mahsuda Snaith, Irenosen Okojie and Imogen Hermes Gowar join Polly Atkin to discuss their engaging modern fables with a feminist bite. From the islands of Scotland to the coast of Cornwall, the mountains of Galway to the depths of the Fens, these forgotten folktales howl, cackle and sing their way into the 21st century!



Award for Mountain Literature

BOARDMAN TASKER AWARD FOR MOUNTAIN LITERATURE 19.00 - 21.00 SATURDAY 21 NOVEMBER

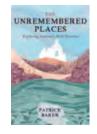
On 17 May 1982 Peter Boardman and Joe Tasker were last seen on Mount Everest attempting to traverse The Pinnacles on the unclimbed North East Ridge at around 8250 metres. Their deaths marked the end of their contribution to a remarkable era in British mountaineering. The Boardman Tasker Award highlights afresh the memory of Pete and Joe, but it also seeks to do more than just that. The Award recognises and rewards outstanding literature concerned with the mountain environment: books which will in turn challenge and inspire their readers, perhaps to climb or explore the world of mountains, perhaps to write or perhaps to look at the world in a different way. Perpetuating and refreshing the challenge and inspiration of mountains through literature is one way in which we seek to remember them.

The winner of the Boardman Tasker Award is a book that Pete and Joe would be proud of being associated with.

This year there were 22 books submitted on a broad range of topics, of which the following five have been shortlisted.







PATRICK BAKER THE UNREMEMBERED PLACES

A lyrical exploration of Scotland's regions of "rumor and folklore," of hidden places and often-forgotten tales, that makes a compelling argument for a greater examination of "wild histories" beyond the most well-trodden narratives of adventure.



EMILY CHAPPELL WHERE THERE'S A WILL

A book that transcends the genre of sports memoirs with prose that deftly captures the physical and psychological intensity of ultradistance cycling, as well as the struggles of depression and grief, rejecting inspirational clichés in favour of a complex, honest and profoundly human vision.



PETER FOSTER THE UNCROWNED KING OF MONT BLANC

An intricately researched biography of a Scottish mountaineer whose contributions to climbing history on Mont Blanc and other mountains have long deserved a close look – and whose life and personality may have contained enigmas as challenging as the routes that he climbed.



PETER GOULDING **SLATEHEAD**

An in-depth history of the climbs and characters of British slate quarries that is also a meditation on the nature of obsession, on the persistence of wildness in unexpected parts of a post-industrial world, and on the rock itself, at times sharp, lustrous and strangely beautiful.



JESSICA J. LEE TWO TREES MAKE A FOREST

A poetic and deeply moving account of Taiwan's mountains, waters and forests that interweaves the author's experiences of hiking with recollections of political, cultural and family histories, creating portraits of landscapes haunted by memory and longing.

The Judging Panel for the 2020 Boardman Tasker Award is:



KATIE IVES **CHAIR OF JUDGES**

Katie Ives is the editorin-chief of Alpinist and a graduate of the University of Iowa Writers' Workshop and the Banff Mountain and Wilderness Writing

Program. Her stories, essays and translations have appeared in various publications, including The New York Times, the American Alpine Journal and Outside. In 2016 she received the H. Adams Carter Literary Award from the American Alpine Club.



DAVID CANNING

David is a poet from the flat lands of Colchester, Essex, but with a passion for mountains. The only reason why he has not (vet) moved to a more vertiginous part of the world is because he works

in the Civil Service in Westminster. However, he gets out to crags and mountains across the UK and Europe as often as he can (the Dolomites are a favourite place), and, as a sideline, works as a climbing instructor at the University of Essex.

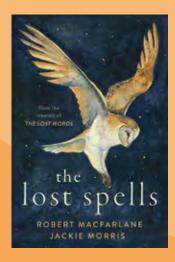


MIKE KOSTERLITZ

Born in Aberdeen in 1943. physicist and pioneering climber Michael Kosterlitz received his Ph.D. from Oxford University in 1969. Following a period as a postdoctoral researcher at Torino University

in Italy - in convenient proximity to the Italian Alps - he became a research fellow at Birmingham University in 1970 before beginning work at Brown University in the USA in 1982. Mike was awarded the Nobel Prize for Physics in 2016.



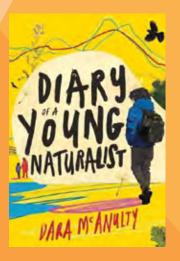






ROBERT MACFARLANE & JACKIE MORRIS THE LOST SPELLS

Join Robert Macfarlane and Jackie Morris for a magical hour where we discover the Lost Spells, read them aloud, wonder at the artwork and celebrate nature. 'The Lost Spells' is a pocketsized treasure that introduces a beautiful new set of natural spell-poems and artwork. Each "spell" conjures an animal, bird, tree or flower – from Barn Owl to Red Fox, Grey Seal to Silver Birch, Jay to Jackdaw – with which we share our lives and landscapes. Moving, joyful and funny, 'The Lost Spells' above all celebrates a sense of wonder, bearing witness to nature's power to amaze, console and bring joy.





DARA MCANULTY DIARY OF A YOUNG NATURALIST 13.00 - 14.00 SATURDAY 21 NOVEMBER

Winner of the 2020 Wainwright Prize, 'Diary of a Young Naturalist' chronicles the turning of Dara McAnulty's world, from spring to summer, autumn to winter, on his home patch, at school, in the wild and in his head. Evocative, raw and beautifully written, this very special book vividly explores the natural world from the perspective of an autistic teenager juggling homework, exams and friendships alongside his life as a conservationist and environmental activist.

"I was diagnosed with Asperger's/autism aged five... By age seven I knew I was very different, I had got used to the isolation, my inability to break through into the world of talking about football or Minecraft was not tolerated. Then came the bullying. Nature became so much more than an escape; it became a life-support system." Dara McAnulty







WELCOME TO THE

YETI

YETI EVERYDAY ADVENTURE STAGE

Come along and join us at the new, digital version of the Basecamp - the Everyday Adventure Stage, kindly presented by YETI. We know that there are so many inspiring people who spend time in the outdoors, either undertaking personal challenges or bringing awareness to environmental issues. They may not be on our Festival Main Stage but their stories

and adventures are always hugely welcomed and never fail to connect to us and help fill up your 'bucket of inspiration'. Presented again this year by the engaging, and outdoor adventurer in her own right, Becki Vale, expect tears, laughter and the warm fuzzies! FREE to watch, click on the YETI Everyday Adventure Stage on the interactive Festival map on the website.



ADRIAN NELHAMS INTERNATIONAL SCHOOL OF MOUNTAINEERING

Through all his climbing across the globe, Adrian has gained an incredible breath of knowledge and experience, and an enthusiasm and love for the mountains which has a great effect on the people who climb with him.



JULIE CARTER RUNNING THE RED LINE

Last year Julie became the first woman to complete the extended version of the Bob Graham round, 55 summits at aged 55. This follows the completion of the Bob Graham 44 at aged 44. She is the author of 'Running the Red Line' on how to extend ones boundaries in sport and life.



LAUREN MUNRO BENNETT FROG WHITTON ROUND

The Frog Whitton Round is a cycling and swimming challenge through the Lake District taking in the Fred Whitton route. Lauren broke the women's record this year, completing the 96 mile bike ride and 6 miles of swimming through 4 different lakes in 10 hours 52 mins.



JOHN LEADBETTER & SKYE THE RESCUE DOG

Skye, the oldest mountain rescue dog retired this year. Skye served as a mountain rescue search dog for 11 years, alongside owner John Leadbetter. John discusses his achievements and the work of Skye and the Rescue team and the vital work the 'Dog Bodies' do in training.



MEL STEVENTON RUN & HIKE THE LENGTH OF NEPAL

Mel is running and hiking over 546 miles equalling the total length of Nepal - but in the UK. Her miles have included 340 miles over 214 Wainwrights, which she completed in 13 days and 2 hours. She is raising money for Womens Aid and Community Action Nepal.



JON DEEGAN & DAVE WYNNE JONES LAKELAND SKI TOURING

Fell runner and ski tourer Jon Deegan is joined by Eagle Ski Club president Dave Wynne Jones, they talk about Lakeland ski touring routes and avalanche safety/weather/equipment



JOHN WILSON LAKE DISTRICT PADDLE BOARDING

John Wilson has been guiding and teaching paddle boarding in the Lake District since 2014. He'll tell you all you need to know to get started... What is a SUP? Which board to get? What are the health benefits? What kit do you need? Where are the best places to paddle?



ANGUS & DECLAN LAKE DISTRICT DIVERS

Angus and Declan are on a two-man mission to clean-up Cumbria's lakes, tarns, rivers and waterfalls. The young divers have become an internet sensation, with a number of people - who have lost belongings in Cumbria's lakes - getting in touch for their help.





HARRISON WARD FELL FOODIE

After discovering a passion for hiking in 2016 following a drastic life change, it wasn't long before a lifetime love of cooking was merged with his new vice. These days he can be found creating delicious, restaurant style meals on minimal camping equipment in the hills.



CAROLINE ELLIOTT FJORD'S MOUNTAIN MISSION

Caroline is a snow safety expert, avalanche dog handler and skills educator. She talks to us about her children's book *Fjords Mountain Mission* inspiring youngsters to go out and enjoy to the full the winter wonderland, whether they are snow sports enthusiasts or have never seen the snow.



TOM PHILLIPS & ALISTAIR SHAWCROSS PACKRAFTING CUMBRIA

In August 2020 Tom and Alistair completed the first Cumbria Packraft Traverse – a 180km route across Cumbria, paddling, hiking and biking their way from Morecambe Bay to the Solway Firth, via rivers, lakes, meres and waters.



WONDERFUL WILD WOMEN

Festival friends the Wonderful Wild Women join us for an annual catch up to talk about the WWW community and what these inspiring ladies have been up to in 2020. We'll be joined by Gilly McArthur, Winnie Poaty and Fay Preene.



TOM MCNALLY & NADIR KHAN ADVENTURE SPORT PHOTOGRAPHY

Adventure photographers Tom and Nadir talk about their inspirations, early journey into adventure photography and their shared project "Extreme Lakeland".



ERIC HOPE CUMBRIAN ANGLER & ENVIRONMENTALIST

Eric takes us on a journey through the Lake District, from the Kent estuary to the Solway Firth, discover the creatures that share our Lakeland watery habitats – from salmon and otters, to mythical 'Bownessy', rare fish and bird life.

YETI

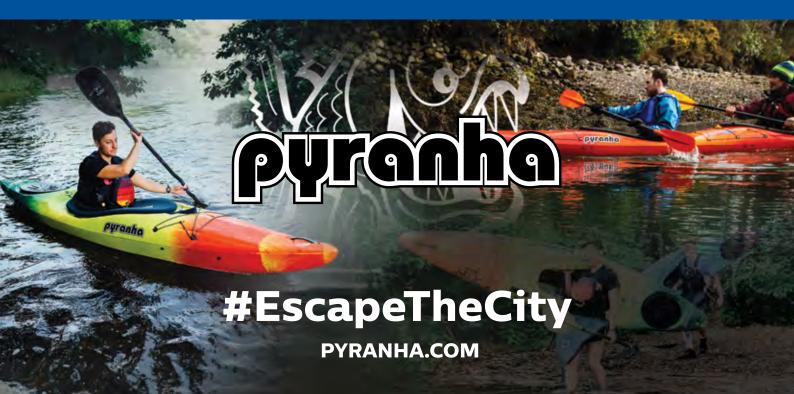


YETI COMPETITION!

Win £1000 / €1000 of YETI gear + 1-2-1 Tuition with world renowned fishing guide, Eric Hope.

Enter online at: uk.yeti.com/pages/eric-hope





BAM PRESENTS #NURTUREWELL

BAM BAMBOO CLOTHING

This year, more than ever, has taught us the importance of slowing down, listening to our body and nurturing our mental health.

Our #NurtureWell campaign encourages others to nurture the connection between mind to body and offers the chance to try 10 different sessions with 10 different practitioners across the UK, each day of the Festival.

Daily sessions: 19 – 29 November

Time: 7am

Duration: 45mins

The Wellness sessions are FREE and accessible for all!

They will be live across our social channels at 7am and available to catch up on our website!

The sessions are brought to you by one of our wonderful partners of the Festival, BAM Bamboo Clothing.

Find out more and sign up at kendalmountainfestival.com/nurturewell

#NurtureWell #Kendal20 #sharetheadventure













ADIDAS TERREX & MAVERICK PRESENT KENDAL MOUNTAIN FESTIVAL VIRTUAL 10KM

Addas TERREX

The Kendal 10km is back, and we're going virtual!

Like most things this year, everything is all a bit upside down but the fun, community spirit and challenge of this race has certainly not been lost!

WHAT'S CHANGED

- It's free!
- It's virtual
- You don't have to run around Kendal you can run where ever you are in the world
- You have 24 hrs to complete
- It's a run not a race
- Optional participant runners patch
- Prize draw: win a pair of adidas Terrex footwear





No slippery cobbles to contend with this year!

You can achieve your 10km however you choose, and however hard you wish to push yourself; indoors, outdoors, walk, run, sprint or hike. Get friends, family and pets involved to celebrate this community challenge altogether.

- Register your place at kendalmountainfestival.com/ adidas-terrex-kendal-10km-virtual-run
- Take part anytime between Saturday 21st at 11am Sunday 22nd Nov at 11.59pm
- Upload your finish time
- Share the adventure for your chance to win a prize





FABI BUHL IS WEARING THE TERREX 3L ZUPAHIKE JACKET





GLOBAL PICK UP

Building on the success of last years 'paddle pick up', this year we are extending the invitation for all to join in!

Whether it's your local woods, park, river, canal, trail, lake, loch, beach - we encourage everyone, everywhere to lace up your trainers, pull on your wellington boots, fix your spraydeck, don your helmet and together, we can make a difference to those outdoors spaces we nurture and love.

It's more important than ever to keep our community 'spirit/ bond' alive, so wherever you may be please do join us.

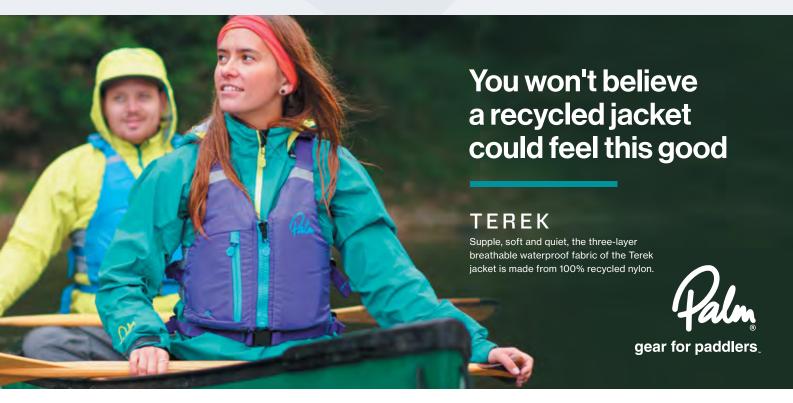
WHEN: SATURDAY 28 NOVEMBER 10-11AM

Don't forget to take a selfie and share @kendalmountainfestival Together, we can make a real difference.

#KendalLitterPick20 #PaddlePickUp #TrashOff #TRASHMOB



2019 paddle pick up in the River Kent





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Helinox makes lightweight and highly portable camp furniture for backcountry adventures. Engineered using DAC aluminium and packaged with a five-year warranty, all so you can be at home, anywhere. Learn more at Helinox.eu



THE YETI ADVENTURE **PODCAST**

TERRA INCOGNITA

YETI

YETI proudly presents a series of long-form conversations with The Adventure Podcast.

Bringing you inspiring, honest and thought provoking tales of exploration and discovery, filmmaker and host Matt Pycroft speaks to the most knowledgeable, accomplished and respected voices in the fields of adventure and exploration.

In a world where content duration is often measured in seconds rather than minutes 'The Adventure Podcast' is an island in the storm. A haven for authenticity, integrity and honest storytelling. With a proud and varied past quest list including Sir Chris Bonington, Aldo Kane, Sophy Roberts, Leo Houlding, Conrad Anker, Hazel Findlay and Dee Caffari, 'The Adventure Podcast' at Kendal Mountain Festival promises to be a gripping, wild ride.

WATCH THE INTERVIEWS FOR FREE!

Find the interviews on YETI's web page when you click on their logo in the interactive Festival map on the website homepage.



KENDAL MOUNTAIN FESTIVAL TOUR 2020

The year started well with packed audiences at venues all around the UK. Before the pandemic placed a hold on proceedings we managed to visit Whitley Bay, Harrogate, Caernarfon, Llanelli, Cardiff, London, Maidenhead, Southampton and Manchester.

The wonderful mix of engaging guest speakers and a uniquely curated film programme enables us to carry the spirit of Kendal to new audiences as well as to our growing group of Festival friends.

We did continue the Tour to several venues in the digital medium with a sun-filled filmed introduction from presenters Steve Scott and Claire Carter. They skilfully set the scene in front of their favourite backdrop of Blea Tarn from our home in the Lake District.



















KENDAL MOUNTAIN TOUR 2021

They say out of hardship comes opportunity and with the Tour abruptly stalled in 2020 we have adapted quickly to create a superb working option of the best films (3 different programmes) and guest speakers, all lined up for our big return in 2021.

Our Tour model will be flexible enough to adapt to the progressive opening of venues and will feature a creative and diverse programme, super prizes to win from our brand partners and films you will adore from the largest collection of any adventure film festival in the world.

2021 TOUR DATES			
Our current tour dates	s are		
PENRITH	04 FEB	BANCHORY	13 MAY
SALE, MANCHESTER	05 FEB	INVERNESS	14 MAY
NOTTINGHAM	06 FEB	EXETER	20 MAY
NOTTINGHAM	07 FEB	SHEFFIELD	21 MAY
MAIDENHEAD	10 MARCH	WHITLEY BAY	29 MAY
LONDON HACKNEY	11 MARCH	COVENTRY	02 JUNE
CANTERBURY	12 MARCH	KINGS LYNN	04 JUNE
OXFORD	26 MARCH	BATH	16 JUNE
BRISTOL	21 APRIL	KENDAL	18 JUNE
BRIGHTON	23 APRIL		
BIRMINGHAM	07 MAY	MORE DATES TO BE ANNOUNCED!	
GLASGOW	12 MAY		

The cavers' forum. Run by cavers, for cavers.

UKCCVING-com

Community. Information. Fun. Join us!

THANK YOU TO **OUR PARTNERS**

Without their support, Kendal Mountain Festival just would not happen. Please take a moment to check out our partners in our digital Basecamp Village and Festival Showroom on our website.

MAJOR PARTNERS























PARTNERS











MERRELL.













SUPPORT PARTNERS



















SUPPORTERS





















FUNDERS











MEDIA PARTNERS



















FURTHER THANK YOU TO ...

Our heartfelt thanks to the following companies who helped us to bring our digital Festival to you this year.

The Creative Branch

WEBSITE, PR & MARKETING

THE CREATIVE BRANCH

The Creative Branch is based in Staveley near Kendal and provide design, brand, website design and marketing within Cumbria, Northwest England.

www.thecreativebranch.co.uk 01539 825120



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Fluid Productions provide our customers with the total event solution. From a single microphone hire to full support of a conference for 500 or a music event for 4000 we are equally equipped to meet your Audio Visual needs.

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YETI EVERYDAY ADVENTURE STAGE & MAIN STAGE DESIGN & BUILD

COVERED IN STYLE

Your event covered - both logistically & from the weather. Helping to bring your event alive with our Tipis and other quirky solutions.



CIS WORKSHOP

Bespoke solutions made from wood, metal & fabric. Manufacturers' of event tents, glamping units, boat covers, furniture & other bespoke projects.

www.coveredinstyle.co.uk

Alex Fleming: 07909 446381



YETI EVERYDAY ADVENTURE STAGE RECORDING

NAIK MEDIA PRODUCTIONS

Naik Media is an award-winning video production company based in The Lake District Cumbria, the North West. We help create successful commercial video marketing campaigns & corporate videos for businesses and organisations looking for creative ways to engage with their customers..

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CELEBRATING THE

40TH ANNIVERSARY

OF KENDAL MOUNTAIN FESTIVAL

Forty years ago, in October 1980, Kendal hosted a new two-day event. Named the Kendal Mountaineering Film Festival, tickets were £5 and visitors were promised art, seminars, films, photography and importantly - "two bars".

The original group of six who set up the event were Alan Evans, Jess Stock, Ian Wall, John Porter, Jim Curran and Brian Hall. Little did they know what they had started, or how influential the event would become. As John Porter subsequently said, "We started it in 1980 as annual event, then went climbing for a while", as the original idea was partly to raise funds for expeditions.





KMFF 1980 organisers and volunteers - the morning after!

As the event grew in stature and popularity it attracted greater audience numbers, plus a veritable 'who's who' from the world of climbing and mountaineering. Yvon Chouinard, Reinhold Messner, Catherine Destivelle, Fred Beckey, Barry Blanchard, Lynn Hill, Conrad Anker, Tommy Caldwell, Chris Sharma, Ueli Steck and Will Gadd to name but a few of those who have stood on the Kendal stage.

And in film, the Festival became renowned as a launchpad and international showcase for mountain and outdoor film, premiering or screening such classics as *The Bat and the Wicked, Five Days One Summer, Hard Grit, Touching The Void* and *Free Solo*.

'Kendal' became recognised as the main annual social event for outdoor enthusiasts in the UK, and built its strong international reputation. In 2014, Visit England awarded the Festival the coveted national title of 'Tourism Event of the Year' and each November it is estimated to bring over £3.5m into the local economy.



Brian Hall & Brian Molyneux



John Porter



Alex MacIntyre, Terry Moonie and allegedly the back of Al Rouse's head



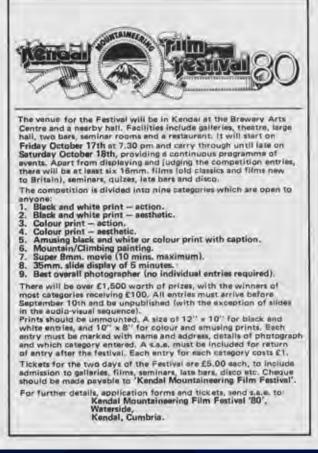
Joe Tasker



Jim Curran, Chris Bonington & Mo Antoine



Dennis Gray, Bonny Mason, Chris Bonington & John Barry



Original advert for the first Festival from Crags Magazine issue 25, 1980

"40 years ago Kendal hosted its first Mountain Film Festival, the venue the Brewery Arts Centre. Over the weekend Kendal was swamped with hundreds of famous and not-so-famous mountaineers from around the world.

One of the high points of the weekend, apart from the booze and medicinal smoking, was the 2pm Saturday premiere of Jim Curran's film The Bat and the Wicked, starring our very own Brian Hall and Rab Carrington.

The screening venue was the Zion Chapel next to the Brewery Art Centre. To ensure a complete blackout, individually fitted plywood panels were sourced. Perfect. However, at around mid-morning, the vicar enquired as to when we would be out of the Chapel as he had a wedding at noon! A frantic scramble to turn the screening hall back into a Chapel, followed by another frantic scramble to turn a Chapel back into a screening hall. Getting all the blackouts in place under pressure was a bit of a fiddle, but generally not a problem as the skies were grey with heavy rain.

At 2pm the audience took their seats, there was a buzz of high anticipation in the air, along with dubious fumes and raucous behaviour, unbefitting for a Chapel. Jim took centre stage and the projector started to whirr, while the audience slowly sank back in the pews. The flickering film, the lead-in numbers and the title... the audience fell silent.

However, at that very moment, peace was shattered. The dark skies cleared, and a bright shaft of sunlight penetrated a weakness in one of the blackouts and focused its beam directly on the screen. Jim, already fired up, leapt to his feet announcing in his unforgettable manner, "I'm a professional! I cannot possibly work under these conditions!", or words to that effect. The audience reacted as you would expect, with ribald comments and cheering, and then went back to the bar. The film was screened later over the weekend to a beyond-capacity audience who had no concern for the fire regs."

Ian Wall's recollections from Kendal Mountain Film Festival 1980



Kurt Diemberger, Chris Bonington and Ian Wall - it was Kurt's first visit to the UK and the Lake District, with Julie Tullis

As the Festival moves into its fifth decade, we hope we're pretty much still in tune with the original event. We're all climbers, skiers, bikers, runners or paddlers who are as keen to get out in the mountains as we are to produce a world-renowned Festival. Keeping it real, as they say.

Our vision is, and always has been, "To inspire more people to explore, respect and represent mountains, wilderness and their cultures" and today this seems more relevant and timely as ever. Thank you for joining us and making the Festival what it is; and here's to the next 40 years!

